

# Langruth Views

## August 2020

Distributed by:

Lakeview Initiatives Community Development Corporation

Box 129 Langruth, MB R0H-0N0

Email: [thordarsonhealth@gmail.com](mailto:thordarsonhealth@gmail.com)



### Kinosota Trail Game & Fish Association Awards Night

The Kinosota Trail Game and Fish Association Annual Awards Night will be held in a virtual format on December 5<sup>th</sup>, 2020.



Deer Head Entries can be dropped off prior to December 5<sup>th</sup> for scoring.



Pictures for Fish and Goose Entries can be dropped off, e-mailed or texted prior to December 5<sup>th</sup> for scoring.

Detailed entry information to follow. Watch for more information in the Langruth Views and on the new Kinosota Trail Game & Fish Facebook Page.

Results will be printed in the Langruth Views and posted on the Facebook Page. Full results will also be e-mailed to those who provide e-mail addresses with their entries.

Keep the tradition alive and participate in the Kinosota Trail Game and Fish Association Virtual Awards Night!

### LOOMIS SEPTIC TANK CLEANING



Will be pumping septic tanks in Langruth  
**September 1<sup>st</sup> – 4<sup>th</sup>**

**Cost: \$60.00** (taxes included)

**Phone 204-871-0260 before August 26<sup>th</sup>.**

**Leave a message if no answer.**

### GLADSTONE FARMERS MARKET

**Fridays**

**11:00 am - 1:00 pm**

Outside the WestLake-Gladstone  
Municipal Office

14 Dennis St. East, Gladstone

If you are interested in becoming a vendor  
please contact the  
Municipal Office at 204-385-2332.



**2020**

**LANGRUTH FALL FAIR  
CANCELED**



Due to COVID-19 Precautions  
Please save the date for next year.  
**August 21, 2021**

*Tamara Forbes and the Fall Fair Committee*



# AUGUST





## Church News

### Grace Lutheran Church

Supply Pastor Phyllis Thordarson 445-2323

Service at 10:30 AM unless otherwise stated

Social Media Services available on Facebook at [Grace Evangelical Lutheran Church Langruth Manitoba](#).

Please note there may be a service in August.  
Please watch for a community notice!

### Langruth United Church

Service at 11:30 AM unless otherwise stated.

Please note there will be no services in August.  
The next service will be September 6<sup>th</sup> unless announced otherwise.

### Catholic Church News

Farewell to Father Joe. Father Joe has moved to a parish at Cross Lake. Father Leo took over the parish as of August 2<sup>nd</sup>. He has been here to fill in for Father Joe a few times so he is a familiar face. Please watch for changes to the worship schedule listed below. There are a number of ministers and priests that are changing their places of worship so please watch for new worship leaders in your area.

### Amaranth Catholic Church

Sunday Mass at 10:30 AM unless otherwise stated.

### Alonsa Catholic Church

Regular Mass to be announced. Contact a church member for dates and times.

### Sandy Bay Catholic Church

Sunday Mass at 12:30 PM unless otherwise stated.

### Amaranth Gospel Mission

Service at 10:30 AM unless otherwise stated.

Amaranth Gospel Mission Services have resumed with social distancing. Contact Pastor Jay Foster for more information.

### The Gladstone United Church Food Cupboard

An emergency food resource for the Municipality of West-Lake Gladstone.

**Leave a message at the United Church at 204-285-2719 or text Laurel McConnell at 204-294-8645.**

Food and monetary donations always welcome.

## 2020 Langruth Vacation Bible School



Due to COVID-19 Precautions the  
2020 Langruth Vacation Bible School  
has been canceled.

Please watch for VBS in 2021.

## 2020/2021 CFAN MEGA DRAW

### JULY DRAW WINNERS!

- 1<sup>st</sup> Place (\$1200):** Joanne Ewen, Candace Kennedy & Linda Hackewich (Langruth/Lakeland)  
**2<sup>nd</sup> Place (\$500):** Eyvi & Stacey Hanneson (Lakeland)  
**3<sup>rd</sup> Place (\$250):** Laura Sellers (Plumas)  
**4<sup>th</sup> Place (\$200):** Chris Dobchuck (McCreary)  
**5<sup>th</sup> Place (\$150):** Karen Dick & Janie Ferguson (Langruth/Gladstone)

## LANGRUTH LIBRARY

PARKLAND REGIONAL LIBRARY



**The library is re-opened!!**

- \* Maximum 2 patrons at a time.
- \* All patrons must sanitize hands.

**Call: 204-445-2030**

**Email: langlib@mymts.net**

## MOBILE CLINIC

**Mobile Health Clinic**  
clients can book an  
phone appointment  
with Nurse Practitioner  
Twyla Goritz by calling  
1-855-644-3515.



**Prescription refills & health care will  
be continued via telephone.**

**WESTLAKE-GLADSTONE MAIN OFFICE**

14 Dennis St. East, Box 150,  
Gladstone, MB R0J 0T0

Phone: 204-385-2332 Fax: 204-385-2391

E-mail: [info@westlake-gladstone.ca](mailto:info@westlake-gladstone.ca)

**Web Site:** <http://www.westlake-gladstone.ca>

Open Monday-Friday, 8:30 a.m. to 4:30 p.m.  
Regular council meetings are held at 9:30 am on  
the 3<sup>rd</sup> Wednesday of each month. Meetings are  
open to the public unless otherwise noted. To  
make a presentation register 1 week prior to the  
meeting.

Councillors have been assigned to represent  
specific Townships and Communities.

Until August 31<sup>st</sup>, 2020, Township 16 & 17 including  
Langruth and Plumas are represented by:

**Monica Ferguson** (204-872-0777) &  
**Gerald Doell** (204-385-3085 or 204-239-7947)



## Gladstone Swimming Pool

Please contact Nicole Sellers at 204-385-2332 for  
Swimming Pool and Swimming Lesson  
information.

**All COVID-19 restrictions must be followed.**

Swimming Lessons

Session 5: August 10 – 21

Additional Lessons if enough interest

Session 6: August 24 – 28

Bronze Medallion/Bronze Cross: August 28 - 31

## FUN UNDER THE SUN DAYS



*Themed days, science experiments, arts & crafts,  
sports, painting and more!*

**Tuesdays until August 25<sup>th</sup>**

**9:00 am – 4:00 pm**

**Langruth**

**Ages: 5 – 12**

**Fee: \$12 per child**

Registration forms available at the Langruth Post  
Office or visit [www.westlake-gladstone.ca](http://www.westlake-gladstone.ca)

## Tax Statements

*Tax Statements are ready to be picked up!*

Tax Statements can be picked up at the  
Municipal Office in Gladstone until  
September 4<sup>th</sup>.

Statements not picked up by September 4<sup>th</sup>  
will be mailed out on September 7<sup>th</sup>.

**FOR FIRE EMERGENCIES CALL  
911**



**911 OPERATORS WILL DISPATCH  
LAKEVIEW FIRE DEPARTMENT**

FOR BURN PERMITS CONTACT:

JAMES RINN, FIRE CHIEF: 204-445-2392

**IT IS MANDATORY TO HAVE A FIRE PERMIT.  
APPLICATIONS CAN BE FOUND ON THE  
MUNICIPAL WEB SITE AND ARE FREE.**

## IT'S EASY TO RECYCLE AT THE ECO CENTRE



Drop off 1 litre or more of used oil at the Waste  
Disposal Grounds to receive a free \$20 gift  
card until September 15<sup>th</sup>.

Call or email for details  
[info@westlake-gladstone.ca](mailto:info@westlake-gladstone.ca)  
204-385-2332

## CLEAN FARMS RECYCLING

Recycle containers up to 23L, totes &  
drums, twine, bale wrap & silage film at  
municipal Waste Disposal Grounds.

For more information visit  
[cleanfarms.ca](http://cleanfarms.ca)

**Langruth Garbage Pick-Up:  
Tuesdays 9:30 am**

Please have your waste at the curb  
before 9:30 am on Tuesdays.

Call the Municipal Office for more information.



## Big Grass Marsh Important Bird Area

Reprinted From: <https://www.ibacanada.ca/>

Big Grass Marsh is located just west of the town of Langruth. It is a low-lying, flat area that consists of a large marsh, surrounded by community pastures and agricultural land. The marsh includes Jackfish, Seagull and Chandler lakes and a variety of habitats: remnants of tall-grass prairie, wooded areas, willow scrub, and man-made drainage ditches and dykes.

During spring and fall migration, tens of thousands of ducks and geese, including Canada and Snow geese, regularly use Big Grass Marsh. Some have described this area as one of the most important waterfowl staging areas on the continent. As many as 200,000 migrating Snow Geese have used the area in spring and fall. Canada Geese (Tall Grass Prairie and Eastern Prairie populations) are also abundant in both spring and fall. Thousands of puddle and bay ducks pass through or stay for longer to moult or stage. Mallards are the most common with over 10,000 occasionally reported. Included among the 16 other duck species found here are: Northern Pintail, Gadwall, Northern Shoveler, Redhead, Ruddy Duck and Ring-necked Duck. Many of the migrant ducks also breed at Big Grass Marsh.

## Fifty and Beyond News

A Langruth Seniors Business Meeting is planned for August 5<sup>th</sup>. This will be our first meeting after cancelling meetings due to COVID-19 precautions. We will discuss what everyone is comfortable with regarding meetings and monthly suppers.

I am looking forward to going to this meeting because I will be moving over to Gladstone at the end of August. I would like to thank everyone for all the happy memories of being involved with this club. Over the years we have catered a number of meals with everyone seeming to enjoy our efforts. We hope that the tradition will be able to keep going but with less and less people it may be difficult.

Thank-you again for all your kind words. I will report on our August meeting in September as I will continue to contribute some columns to the newspaper from Gladstone.

Until we talk again,

This is Teri Soos

## Nature Notes

Submitted by Raymond O'Connor



### Wilson's Phalarope

Phalaropes have devised a terrific way to get plankton and other food to the water's surface for harvest. They spin like tops, as fast as 60 times per minute, creating small whirlpools that pull food to the surface where they can pick it up with their long slender bills.

In flight, wings lack stripping, and uppertail coverts are white. This is the only phalarope confined to inland habitats and restricted to the Western Hemisphere.

This bird is tame and lives in solitary, pairs or small flocks. It eats insects, larvae, crustaceans, and marsh plant seeds. It probes mud in shallow water, sometimes with head submerged. It spins and dabbles. It can be seen following shoveler ducks to pick stirred-up prey from the surface. This bird also sometimes snags insects from the air or often walks in vegetation, picking prey from the ground and plants.

Females court males by swimming beside them chasing off other females, eventually making sexual advances. Males develop incubation patches.

The nest is lined with grass. The female starts building the nest but it is mostly built by the male.

Incubation is about 18-21 days by the male. Young leave the nest the day of hatching. They are tended to by the male but feed themselves. The first flight is at 16 – 18 days. They have 1 or more broods per year.

The Wilson's Phalarope is common in the west although declining slightly. They are uncommon to rare or casual in the east. Draining of marshes has caused loss of nesting areas. Protection of such areas is needed.

## Graduates Corner

The Graduates' Corner of the Langruth Views is dedicated to publishing pictures and information about Langruth and area students who have graduated from junior high, high school, technical trade, and other post-secondary education institutions. Submit pictures and information about your graduating students to the editor so it can be included in an upcoming issue of the Langruth Views. Regular submission rates apply.





# COVID-19 NOVEL CORONAVIRUS

Reprinted From:

World Health Organization (<https://www.who.int/>),

Province of Manitoba (<https://www.gov.mb.ca> )

The Emergency Committee on COVID-19, convened by the World Health Organization (WHO), held its fourth meeting on July 31<sup>st</sup>. The lengthy duration of the COVID-19 pandemic, noting the importance of sustained community, national, regional, and global response efforts was highlighted. The Committee unanimously agreed that the outbreak still constitutes a public health emergency of international concern.

The pandemic is a once-in-a-century health crisis, the effects of which will be felt for decades to come. Many countries that believed they were past the worst are now grappling with new outbreaks. Some that were less affected in the earliest weeks are now seeing escalating numbers of cases and deaths. And some that had large outbreaks have brought them under control.

The Emergency Committee made a range of recommendations for COVID-19 preparedness and response, to maintain health services, while accelerating the research and eventual access to vaccines. The committee advised countries to support research efforts while strengthening public health surveillance for case identification and contact tracing and to maintain essential health services with sufficient funding, supplies, and human resources.

Countries were advised to implement appropriate travel advice, based on risk assessments, and to review these measures regularly.

In Manitoba, the province announced on July 23<sup>rd</sup> that the plans for the fourth phase of the *Restoring Safe Services* roadmap would be adjusted. “As we move through this pandemic, our number one priority is to ensure the health and well-being of all Manitobans,” said Cameron Friesen, Health, Seniors and Active Living Minister. “While Manitoba’s response to COVID-19 has been led by scientific evidence and the

advice of our public health professionals, feedback from Manitobans regarding what they are ready to accept and support at each phase of recovery has been considered.”

Phase Four came into effect on July 25<sup>th</sup> with some items proceeding as planned but with other items deferred to a later date.

Phase Four included increased visitation at personal care homes and long-term care settings. A balanced approach to visitation is required which mitigates risk of COVID-19 transmission while minimizing the risks of isolation brought on by strict visitation restrictions.

Faith-Based and Cultural Gatherings site capacity is now a maximum of 30% or 500 people, whichever is lower. Stage performances and movie theatres reopened at a capacity of 30% or 500 people, whichever is lower. Casinos also were allowed to reopen with occupancy of 30%. Retail businesses and indoor recreations sites are now allowed to use non-permeable barriers when distances of two metres cannot be maintained.

The following proposed changes were deferred:

- changes to indoor & outdoor gathering sizes;
- relaxing of self-isolation requirements for those travelling from eastern and southern Ontario, Quebec and Atlantic Canada; and
- walk-up counter service in bars, beverage rooms, brew pubs, microbreweries and distilleries.

Public health officials will continue to look to the data and engage with Manitobans to ensure we are taking a balanced approach as we learn how we can live with this virus in the weeks, months and years ahead.

## COVID-19: AUGUST 1ST, 2020

CANADA: 116599 CONFIRMED CASES  
8941 DEATHS

MANITOBA: 417 CONFIRMED CASES  
8 DEATHS

## News From Here, There and Anywhere

Reporter Teri Soos



Hello Everyone! Here we are at the first of August already; time to share a little news.

As I mentioned last month, I will be moving over to Gladstone at the end of August. My sisters have wanted me to move for a few years rather than trying to keep up with the house and yard here. My hands and feet are not getting any better and I can't do all the cleaning and yard work myself. I feel like I am ready to make the move now. I think I will enjoy having a few more people around. I have had some family here helping me pack up some of my things. I will eventually sell my house and my nieces and nephew will help me have a yard sale of the things that I can't take with me.

I will be moving to Centennial Apartments. They tell me the suites are quite nice. I will have a suite with two fairly large rooms. My sister-in-law has been there for some time and of course there are others from Langruth living there as well. Unfortunately with the pandemic there isn't a lot of visiting going on but they are making do.

I am hoping that the Langruth Views will keep going as it has been. I am planning to continue to submit columns to the Langruth Views from Gladstone. It will just take a little more effort to get the information back to Langruth for typing and editing. There are a number of people from Langruth that regularly come to the Centennial Apartments and Third Crossing Manor so we may be calling on them for courier services. Hopefully once this pandemic passes we will be able to have more community events and community news each month.

Other than my moving I don't have a lot of news to report. It has been terribly hot with some cool days in between. We have gotten a little rain but I think we could use more rain now for the crops and gardens. It seems like the clouds come up and rumble a little but the rain doesn't seem to come. I haven't heard much about people's gardens but I suppose if the gardens are being watered they will do ok. Marsha brought me a few potatoes which I'm sure will be delicious. I heard on the gardening program on the radio that people are not getting the results that they were

hoping for. Some apparently are getting some blight in their gardens. Others say that they are getting lots of stem but no fruit.

I hope that now that the crops are changing color and starting to get ready for harvest we will see good weather for the season. I noticed that many crops have changed colour but they don't look very tall. The soybeans seem to be still green for now. They will start to turn in due time. We are hoping for a good harvest season.

I didn't get many berries this year. Apparently there were some spots for good picking and some people were able to put some in the freezer. I don't know how the strawberries were this year. I saw on television that the fields were all mapped out so people could keep their distance from everyone due to the pandemic. I understand that the berries weren't as big as they sometimes are. The strawberries are watered all the time so they still grow well but they might not have been as sweet. I'm sure that everyone got the berries that they needed for the winter.

My nephew was in Portage recently and brought me some corn. It was Peaches and Cream Corn which isn't terribly sweet, which is what I like. It wasn't completely filled out but I also like it relatively 'young'. I still have some left to have here in Langruth before I move.

My sister Ann is in the hospital in Winnipeg right now. She was sore around the shoulders. She finally got into the hospital rather than just being prescribed more pills. Apparently she has a fracture that wasn't noticed. Of course she can't have many visitors right now. It is hard having someone in the hospital and not being able to visit them. My niece Sarah had a little stroke a little while ago. She is only about 23 years old. She was in the hospital for a few days and her parents couldn't even go see her. She is now at home and doing well all things considered. We hope that she is back on her feet before to very long.

There hasn't been much for community events lately because most things have been canceled. There are some events that are starting to pop up but I don't know if that is a good thing because we are seeing a few more COVID cases in our province. The flu season will soon be upon us so it will be a double whammy. In the United States it seems people are disobeying public health

## News From Here, There... con't

orders and President Trump doesn't seem to be helping matters. A great deal of people have come down with the virus and many have died. This is a very serious situation we are in and we need to be very cautious. I know there is a lot of work being done to try and find a vaccine but it will take a lot of time before it will be available to the public. Until it is we will just have to remain careful and cautious that we don't get sick.

To anyone that is sick and under the weather at the moment we wish you all the best and hope that you will get better and are able to enjoy the rest of the summer.

To anyone that has had a birthday and/or anniversary we hope that you were able to have some sort of celebration. We wish you all the best and the coming years will be good to you. With the pandemic we can't have the celebrations that we are used to. My neighbors here in town have been shooting off fireworks in the evening. Maybe by next year we will be back to our normal celebrations.

I have not heard of anyone's passing recently. But for those that I have not heard of, we send our deepest sympathy and we hope that memories of happier times will help you through the coming days. It is a difficult time of not being able to have a traditional funeral to celebrate the life of our loved ones.

I'm sure that this column will continue in the upcoming issues of the newspaper but I would still like to thank everyone for the memories that you have given me through the years as I have written this column. Many of you have given me news to include and I thank-you for that. Thank-you for the kind words over the years.

I would like to thank Phyllis Thordarson for asking me to write the news column. It has been great to contribute to the community newspaper. I would like to thank both Philip and Phyllis Thordarson for their help in making sure we have all the information as accurate as possible. On occasion we have had some late night or early morning phone calls to check on some details.

I would like to thank Michelle Teichroeb for all her help in getting my columns into the newspaper. She calls me every month to let me know it is time to start working on my column.

For the last number of years I have been recording my columns on a small note recorder and Michelle types the columns from my recordings. My hands are not well enough to handwrite everything anymore. We have had some technical difficulties at times but we always find a way to get the information to each other. We will continue to pass my little recorder back and forth and keep my news coming. A special thank-you again to Michelle for all her help along the way.

To all of you reading my column, I thank you once again for your support. Thank-you for your encouragement to continue writing. I hope you will consider dropping in to see me in Gladstone for a visit and maybe share some news with me.

Until we meet again,  
This is Teri Soos.



*Best Wishes to Teri on her  
move to Gladstone!*

## Einarson Park Campground

Einarson Park Campground is situated within the Town of Langruth. Accommodates both RVs and tents. A number of sites have electrical hook ups.



To book your reservations please call 204-385-2332. Available on a first come, first served basis.

Rates:

- \$25.00/night with electrical hook up for RVs.
- \$7.50/night without an electrical hookup for a tent in a designated area.
- \$20.00/night with electrical hook up for RVs staying more than 15 days.

Payment can be made at the Municipal Office in Gladstone or a drop box is available at the park.

## Hollywood Beach Campground

Hollywood Beach Campground is located northeast of Langruth on Road 100N at Lake Manitoba. No services are available.



No reservations required. Accommodates both RVs and tents. Available on a first come, first served basis. Free.

## Manitoba Classroom Learning to Resume in September

Reprinted From: <https://news.gov.mb.ca/>

Education Minister Kelvin Goertzen announced on July 30<sup>th</sup> that classroom learning will resume on September 8<sup>th</sup> for all Manitoba students in kindergarten through Grade 12 following last spring's suspension caused by the COVID-19 pandemic.

"The province is welcoming students back to classrooms for the new school year, while working closely with school divisions and Public Health," said Goertzen. "The best place for students is in class, giving them the full benefits of the tremendous work of Manitoba teachers and providing parents and caregivers with certainty that their children are receiving the best education possible."

The *Welcoming Our Students Back: Restoring Safe Schools* guidelines have been developed in collaboration with the province's kindergarten to Grade 12 COVID-19 response planning team, as well as with school divisions and public health officials. Manitoba school divisions and schools will follow these provincial guidelines to finalize and post division plans by mid-August. Accessible and transparent information is important as students, staff and families will have questions about returning to in-class learning.

Learning in classrooms will be full-time for students in kindergarten through Grade 8 and for special-needs students in all grades. Some remote learning may be required for students in grades 9 to 12, based on the ability of high schools to implement necessary public health measures including physical distancing and the use of cohorts (designated groups of students) to minimize the risk of COVID-19 transmission, and to support contact tracing.

Three response levels have been developed to ensure that school divisions and schools are prepared for in-class learning based on public health advice. Divisions must ensure that all students learning remotely have access to technology.

"Manitoba Education and Public Health are working with divisions and individual schools to ensure that as many students as possible return to classroom learning full-time," said Goertzen.

"Divisions have been working diligently this summer on their individual plans for September, and are refining details for communication, screening, hand hygiene, physical distancing, the use of cohorts and outbreak management to be followed at every one of their schools."

A total of \$48 million in savings is available to ensure that schools are COVID-ready in September, the minister noted, adding the province is monitoring resource implications closely as part of its planning to ensure the safe return to classroom instruction in the upcoming school year.

"The need for child care is top of mind. The departments of Education and Families are working with school divisions and the child-care sector to ensure that families can continue to access child care within schools," said Goertzen. "Both departments are working together to develop learning guidelines for children with special needs, as well as students at risk."

*Welcoming Our Students Back: Restoring Safe Schools* is based on feedback provided by parents, caregivers, students and education stakeholders through an EngageMB survey that began in June. The minister noted tens of thousands of Manitobans have completed the survey, and the government will continue to collect and use this information in adapting plans while the public health situation evolves. Manitobans can visit <https://engagemb.ca> to share thoughts or ask questions.

In a joint statement, the Manitoba School Boards Association, the Manitoba Teachers' Society, Manitoba Federation of Independent Schools, Manitoba Association of School Business Officials and the Manitoba Association of School Superintendents said, "We believe that collaborative planning is in the best interests of students, parents, and school staff. The goal is to have as many students as possible learning in classrooms this fall and throughout the coming school year. Maintaining a strong focus on the health, safety and well-being of students, staff, families and communities, we all agree the emphasis needs to be on getting students the in-person teaching and learning they need while making sure that safety is the top priority for everyone."



**Thordarson Health Inc.  
Homeopathic Clinic  
Langruth, Manitoba**

*EDS testing, Homeopathic consultations, Energy Balancing, Energy Protocols, Reiki and Chakra Clearing involving in- person sessions have resumed. The practitioner and client must wear masks.*

**Call Phyllis at 1-204-445-2236 for more information and/or book an appointment**

**A Gift to Share From the Caspian Sea**

*Submitted by: Phyllis Thordarson*



Last month I received an unexpected gift from our daughter Heather, Caspian Sea yogurt culture. Yummy!

Heather and her husband Tyler were able to bring it with them from Alberta as the fourteen day self-isolation restriction for individuals coming from Alberta to Manitoba had being lifted. Hurray! We got to see Heather and Tyler and received a gift we could share.

I have made yogurt from thermophilic cultures that you had to heat and it was a long drawn out procedure without a yogurt maker. However this culture was different it was mesophilic which doesn't need heating.

It is wonderfully easy to make. Using a sterilized jar and tablespoon, simply place 1 tablespoon of Caspian Sea yogurt culture into 1 cup of milk and stir. Increase amount for a larger batch. Top with a coffee filter and elastic band and set aside from other fermented cultures/foods, so the cultures do not mix, for 8 to 12 hours in your cupboard or on a counter. To check for thickness tilt the jar to determine if you need to give it more time for it to become thicker and more solid or the consistency you like. I let it set for 12 hours. However, the higher the temperature in the room the faster it sets. I use 3.25% milk and sometimes add some ½ and ½ cream to make it richer. I like it rich and creamy. Experiment according to your own milk preferences and taste. The texture is a bit different than regular yogurt.

During these Covid times when you might run out of yogurt, don't stress, instead smile and relax and say I can make some right now.

I am willing to gift some of my Caspian Sea mesophilic culture to others and hopefully you will like it and gift some to others too. Give me a call at 204-445-2323 or email me at [thordarsonhealth@gmail.com](mailto:thordarsonhealth@gmail.com) to arrange to pick some up.



**WOOD VIKING  
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JOHN LARSON

P: 204-445-2431 C: 204-872-4545

E-mail: wood.v.c16@gmail.com

**LOCAL CONTRACTOR**



**Eileen CLARKE**  
**MLA for Agassiz**

T: 204.385.2469  
E: [agassizmla@outlook.com](mailto:agassizmla@outlook.com)

Constituency Office:  
17 – B Dennis St. W  
Gladstone, MB R0J 0T0

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**LINDA FOXON**

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Phone: (204) 385-2993 Fax: (204) 385-2662  
24 Dennis St., Box 51, Gladstone, MB R0J 0T0





# Diana Gall

Independent Consultant

Sunset Gourmet - [www.sunsetgourmet.ca](http://www.sunsetgourmet.ca)

Tupperware - [www.tupperware.ca](http://www.tupperware.ca)

Phone: 204-445-2008

Phone or Text: 204-856-9105

E-mail: [dianamgall@gamil.com](mailto:dianamgall@gamil.com)

## Tupperware®

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AUGUST 13-SEPTEMBER 9, 2020



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81734 \$143 **\$99.00**

**a Clear Mates® Square Set**  
Includes two each 6½-cup/1.5 L Medium 3 and 4½-cup/1 L Medium 2 containers.  
81733 \$88 **\$59.00**

**b Clear Mates® Medium Set**  
Set of three 1½-cup/440 mL Medium 1 containers.  
81732 \$39 **\$35.00**

**c Clear Mates® Mini Set**  
Set of two ¾-cup/200 mL Mini 2 containers.  
1340 **\$16.00**

## DATE A PARTY

Ask your Tupperware® Independent Rep about hosting a virtual party today. Pick a date to hold that party and you'll receive the 3-oz./110 mL Basic Bright Mini Square for FREE.



d

**SAVE OVER 30%**  
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Includes two Silicone Waffle Forms and one Freezer Mates® PLUS Medium Deep container.  
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f

**f Microwave Pressure Cooker\***  
2-qt./2 L max capacity.  
81730 \$179 **\$129.00**

\*Limited Lifetime Warranty on the Microwave Pressure Cooker does not cover silicone parts.



h

**h Vent 'N Serve® Lunch Set**  
Includes Vent 'N Serve® Divided Dish, Vent 'N Serve® Mug and On-the-Go Cutlery Set.  
81715 \$79 **\$65.00**

**j Side-by-Side Set**  
Includes two divided containers, each with one 4-oz./120 mL compartment and one 6-oz./180 mL compartment.  
81716 \$28 **\$19.00**

**k Lunch-It® Large Containers**  
Set of two.  
81728 Sunkissed/Watermelon  
81727 Sunkissed  
81726 Watermelon  
\$38 **\$29.00**

## BONUS BUY

**g Sandwich Keepers**  
81739 \$19  
**\$15.00**



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AVAILABLE AUGUST 13-26, 2020



**l Freezer Mates® PLUS Medium Deep**  
11 cup/2.5 L  
81736 \$36 **\$25.00**

**m Freezer Mates® PLUS Simple Set**  
Includes five of our most popular sizes.  
81737 \$74.59 **\$49.00**



m

**n 2-Qt./2 L Slim Line Pitchers**  
Includes two pitchers, each with exclusive strainer.  
81735 \$42 **\$29.00**



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**SAVE OVER 35%**  
**Fanciful Floral Get-It-All Set\*\***  
Includes items o-r.  
81738 \$119 **\$69.00**



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## BBQ FOR RENT

*Planning a special outdoor function or party  
and need a larger BBQ?*

**Commercial BBQ with  
pancake grill for rent.**

**\$50.00/day**

**(plus \$40.00 damage deposit)**



The BBQ is owned by the LICDC and is rented out with two full tanks of propane. The damage deposit will be returned when the BBQ is returned with two full propane tanks, has been cleaned and is in good working condition.

**Call Phyllis at 204-445-2323 for more  
information or to reserve the BBQ.**

## Langruth Community Hall

The Langruth Community Hall is available for rent at very affordable rates.

Rental limited to events included in Manitoba's Phase Four of Service Restoration.

***All COVID-19 restrictions must be followed.***

For more information or to reserve a date contact:

**Sheila Olson**

**Phone: 204-445-2228**



**Local Beach Destination**

**Hollywood Beach  
Lake Manitoba**

**4 miles east of Highway 50  
on Road 100.**

Beautiful sand beach along Lake Manitoba. Located in an important bird watching area. Awaken to the sounds of gulls, pelicans, and blackbirds. Excellent area for bird watching and wind surfing. Shallow water makes it a good spot for families with young children. Washrooms, fire pits on site. No running water, firewood, shops or electrical hookups on site. 'Do-it-yourself' style camping- no official campsites marked out. Dogs are not allowed on the beach - must remain in campsite

## SUBMISSION DEADLINE

**for  
LANGRUTH VIEWS  
September, 2020 Issue  
August 21<sup>st</sup>, 2020**

### Langruth Views Subscriptions

**Canadian Subscriptions: \$18.00/year**

**US Subscriptions: \$35.00/year**

**Please make cheques payable to  
*Lakeview Initiatives CDC***

**Forward payment to:  
Lakeview Initiatives CDC  
Box 129, Langruth, MB  
R0H 0N0**

**Subscribe for one year at a time as rates may  
change.**

**Present subscribers; please check the  
expiration date on your Langruth Views.  
The Langruth Views is an initiative of the  
LICDC.**

**Lakeview Initiatives CDC is a volunteer group  
dedicated to the promotion of Langruth and  
the surrounding area.**



*The efforts of dedicated community  
volunteers make this publication possible.*

### Advertising Rates:

**Business card size: \$2.00**

**¼ page: \$5.00**

**½ page: \$10.00**

**Full page: \$20.00**

**Similar rates for a thank-you, a birthday wish,  
a birth announcement, in memoriam, or an  
obituary.**

**Only community announcements are FREE**

### Community Reporter:

**Teri 445-2275**

### Editor and Subscriptions:

**Phyllis 445-2323 or 445-2236**

**[thordarsonhealth@gmail.com](mailto:thordarsonhealth@gmail.com)**

# Langruth Community Calendar August 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Waste Disposal Grounds Hours:</b> <b>Tuesday:</b> 10:00 am -12:00 noon <b>1:00 pm—6:00 pm</b> <b>Thursday:</b> 1:00 pm—5:00 pm <b>Saturday:</b> 9:00 am—12:00 noon		<b>Post Office Hours &amp; Library:</b> <b>Monday:</b> 10:00 am— 5:00 pm <b>Tuesday:</b> 10:00 am—2:00 pm <b>Wednesday:</b> 10:00 am—2:00 pm <b>Thursday:</b> 10:00 am—2:00 pm <b>Friday:</b> 10:00 am—2:00 pm		<b>Mobile Clinic:</b> <b>Call 1-855-644-3515</b> <b>for appointments</b> <b>over the phone with</b> <b>the Nurse</b> <b>Practitioner.</b>		1
2 Lutheran: No Service United: No Service Catholic: 10:30 am Gospel: 10:30 am	3	4 Garbage Pick-Up: 9:30 am Fun Under The Sun Day: 9 am—4 pm	5	6	7	8
9 Lutheran: No Service United: No Service Catholic: 10:30 am Gospel: 10:30 am	10	11 Garbage Pick-Up: 9:30 am Fun Under The Sun Day: 9 am—4 pm	12	13	14	15
16 Lutheran: No Service United: No Service Catholic: 10:30 am Gospel: 10:30 am	17 <b>Fire Mtg: 7:30 pm</b>	18 Garbage Pick-Up: 9:30 am Fun Under The Sun Day: 9 am—4 pm	19 Council Meeting: 9:30 am	20	21 Langruth Views Submission Deadline	22
23 Lutheran: No Service United: No Service Catholic: 10:30 am Gospel: 10:30 am	24	25 Garbage Pick-Up: 9:30 am Fun Under The Sun Day: 9 am—4 pm	26	27 CFAN MEGA DRAW	28	29
30 Lutheran: No Service United: No Service Catholic: 10:30 am Gospel: 10:30 am	31	