

Langruth Views

September 2020



Distributed by:

Lakeview Initiatives Community Development Corporation

Box 129 Langruth, MB R0H-0N0

Email: thordarsonhealth@gmail.com

Langruth Harvest Festival Presents **DRIVE-IN MOVIE NIGHT**

& **FIREWORKS**

September 19, 2020

7:30 pm

Langruth Sports Grounds

Gates open at 6:30 pm

FREE!

**Family-Friendly Movie
Raffle Prizes
Canteen Available
Silver Collection**

*Come out for a great evening
of fun for the whole family!*

**ALL RECOMMENDED COVID-19 PREVENTION
GUIDELINES WILL BE FOLLOWED.
EVERYONE IN ATTENDANCE WILL BE ASKED TO
SIGN-IN AND HAND SANITIZE UPON ARRIVAL.
SOCIAL DISTANCING REQUIRED.**

Langruth Harvest Festival 2020 Raffle

1st Prize: Kayak & Paddle

2nd Prize: Google Nest Mini &
\$50 Freckle Photo Gift Card

3rd Prize: Sunset Gourmet &
Tupperware Gift Pack

Tickets \$5.00/each

Draw Date: September 19th, 2020

**Tickets available at the Langruth Post Office,
at the Drive-In Movie Night or
from Committee Members.**

License: 16-2020



Kinosota Trail Game & Fish Association Awards Night

The Kinosota Trail Game and Fish Association Annual Awards Night will be held in a virtual format on December 5th, 2020.



Deer Head Entries can be dropped off prior to December 5th for scoring.



Pictures for Fish and Goose Entries can be dropped off, e-mailed or texted prior to December 5th for scoring.

Detailed entry information to follow. Watch for more information in the Langruth Views and on the new Kinosota Trail Game & Fish Facebook Page.

Results will be printed in the Langruth Views and posted on the Facebook Page. Full results will also be e-mailed to those who provide e-mail addresses with their entries.

Keep the tradition alive and participate in the
Kinosota Trail Game and Fish Association
Virtual Awards Night!



Happy Fall



Church News

Grace Lutheran Church

Supply Pastor Phyllis Thordarson 445-2323

Service at 10:30 AM unless otherwise stated

Services on Facebook at [Grace Evangelical Lutheran Church Langruth Manitoba](#).

Church Council Meeting September 16th, 7:30 pm

Sept 20: Liturgical communion service

Langruth United Church

Service at 11:30 AM unless otherwise stated.

Sept 6: Service conducted by local laity.

Sept 13: Service conducted by Jim Warburton

Sept 20: Service conducted by Dan Jardine

Sept 27: Service conducted by local laity.

Catholic Church News

Please watch for changes to the Catholic Church Schedule as Father Leo may make changes.

Amaranth Catholic Church

Sunday Mass at 10:30 AM unless otherwise stated.

Alonsa Catholic Church

Regular Mass to be announced. Contact a church member for dates and times.

Sandy Bay Catholic Church

Sunday Mass at 12:30 PM unless otherwise stated.

Amaranth Gospel Mission

Service at 10:30 AM unless otherwise stated.

Contact Pastor Jay Foster for more information regarding social distancing and other COVID-19 precautionary measures.

Langruth Fall Supper



**Cancelled Due To COVID-19
Precautions**

Thank-you for continuing to support the Grace Lutheran Church and Langruth United Church.

The Gladstone United Church Food Cupboard

An emergency food resource for the Municipality of West-Lake Gladstone.

Leave a message at the United Church at 204-285-2719 or text Laurel McConnell at 204-294-8645.

Food and monetary donations always welcome.

2020/2021

CFAN MEGA DRAW

AUGUST DRAW WINNERS!

1st Place (\$1200): Everett Hunking (Silver Ridge)

2nd Place (\$500): David & Sylvia Huyber (Langruth)

3rd Place (\$250): Owen & Jen Sellman (McCreary)

4th Place (\$200): Amy Thompson (Ochre River)

5th Place (\$150): Jonathon Clark (Amaranth)

Next Draw will be on September 24th, 2020

LANGRUTH LIBRARY

PARKLAND REGIONAL LIBRARY



Call: 204-445-2030

Email: langlib@mymts.net

* Maximum 2 patrons at a time.

* All patrons must sanitize hands.

MOBILE CLINIC

Nurse Practitioner Twyla Goritz will be available for clinic visits at Gladstone Health Centre on September 17th.



All phone appointments or in-person appointments must be booked in advance.

Call 1-855-644-3515 to make an appointment.

Prescription refills & health care will be continued via telephone.

Report Suspicious Acts

See a suspicious person in your area?
See a suspicious vehicle in rural areas?
Report what you see to the RCMP.



Amaranth RCMP:

204-843-2694

Neepawa RCMP:

204-476-7338

WESTLAKE-GLADSTONE MAIN OFFICE

14 Dennis St. East, Box 150,
Gladstone, MB R0J 0T0

Phone: 204-385-2332 Fax: 204-385-2391

E-mail: info@westlake-gladstone.ca

Web Site: <http://www.westlake-gladstone.ca>

Open Monday-Friday, 8:30 a.m. to 4:30 p.m.

Regular council meetings are held at 9:30 am on the 3rd Wednesday of each month. Meetings are open to the public unless otherwise noted. To make a presentation register 1 week prior to the meeting.

Councillors have been assigned to represent specific Townships and Communities.

Until December 31st, 2020, Township 16 & 17 including Langruth & Plumas are represented by:

Darcy Meloney (204-871-5185) &

Dawn Coubrough (204-871-5974)

Municipal Office COVID-19 Protocol *Effective August 24th, 2020*

A. Limit One (1) Person in the office at a time.

We kindly ask you to wait in the foyer or outside, maintaining social distancing at all times, until the first person has left the office.

B. Hand Sanitize before entering.

Everyone entering the Municipal Office must use the hand sanitizer located in the foyer prior to entering the reception area.

C. Please wear a mask while in the office.

Masks are not mandatory by Municipal Staff or Residents currently, but please wear a mask when entering the Municipal Office.

D. Use online banking or mail for payments.

Residents are strongly encouraged to make payments online or mail payments to the Municipal Office. Contact the office for Online Payment options.

Langruth Garbage Pick-Up: **Tuesdays 9:30 am**

Please have your waste at the curb before 9:30 am on Tuesdays.

Call the Municipal Office for more information.



Langruth Waste Disposal Grounds

Winter Hours Begin September 5th, 2020

Tuesday: 10:00 am – 12:00 pm

1:00 pm – 5:00 pm

Thursday: 1:00 pm – 5:00 pm

Saturday: 9:00 am – 12:00 pm



FOR FIRE EMERGENCIES CALL 911



911 OPERATORS WILL DISPATCH

LAKEVIEW FIRE DEPARTMENT

FOR BURN PERMITS CONTACT:

JAMES RINN, FIRE CHIEF: 204-445-2392

IT IS MANDATORY TO HAVE A FIRE PERMIT.

**APPLICATIONS CAN BE FOUND ON THE
MUNICIPAL WEB SITE AND ARE FREE.**

IT'S EASY TO RECYCLE AT THE ECO CENTRE



Drop off 1 litre or more of used oil at the Waste Disposal Grounds to receive a free \$20 gift card until September 15th.

Call or email for details
info@westlake-gladstone.ca
204-385-2332

CLEAN FARMS RECYCLING

Recycle containers up to 23L, totes & drums, twine, bale wrap & silage film at municipal Waste Disposal Grounds.

**For more information visit
cleanfarms.ca**

YOGA CLASSES

With Nancy Birnie

In Gladstone at Stride Hall Or Online Through ZOOM

- ❖ Tuesdays at 10:30 am – 11:30 am
- ❖ Starting September 22nd for 6 weeks
- ❖ \$12/class In-Person or \$10/class via ZOOM

Contact Nicole Sellers at 204-385-3817 to register.

Nature Notes

Submitted by Raymond O'Connor

Brown Thrasher



This shy bird becomes highly aggressive when defending its young, often charging towards the head of an intruder. The male bird sings from an exposed perch, sometimes quite high. It is able to imitate other birds but most often sings its own song, which is a curious mixture of musical phrases.

Its bright rufous upperparts and heavily streaked underparts distinguish this species from all other thrashers in its range.

Although primarily migratory, Brown Thrashers in the south do not migrate. They live solitary or in pairs. They are highly terrestrial, foraging on or near the ground for food. They find insects by digging with their bills. They eat mainly insects, small amphibians, fruit and some grains. They run quickly on the ground, turn over leaves and moves debris with its bill. They frequent dense brush, ornamental vegetation of suburbs and gardens.

The nest is made of sticks, grasses and dried leaves and is lined with fine grasses. It is in a bush, on the ground or in a low tree, usually 30 cm – 3 metres above the ground. The nest is built by both sexes. The brown thrasher is a solitary nester.

Incubation is about 11-14 days by both sexes. The young are brooded by the female and stay in the nest for 9 – 13 days. They are fed by both sexes. They have 2 -3 broods per year.

The Brown Thrasher is common to fairly common but it is rare in the Maritimes and in the west. It will sometimes tend feeders for raisins, suet and bread.



Fifty and Beyond News

Hello from Gladstone. I am getting settled into my new home. Congratulations and thank-you to Margaret Whitely who will continue to report on the Senior's news each month in the Langruth Views. Also, congratulations and thank-you to Ann Craik who has taken on the duties as Secretary. It has been a great pleasure for me to prepare the Senior's news from Langruth. Hopefully the club will continue with the monthly suppers and other things in the community.

To the Langruth Seniors, I wish you all the best,

Teri Soos

The Langruth Seniors held their monthly business meeting on September 2nd, 2020 with 4 members present. Harry Lazor greeted us and asked for the last minutes to be read. Margaret Whiteley read the August 5th minutes and asked that they be adopted as read. Emily Thompson seconded the motion and it was carried. Emily Thompson read the Treasurers Report and asked that it be adopted as read. Ann Craik seconded the motion and it was carried. The Cheer Report was given by Ann Craik. One Get Well Card, one Thank You card and two Birthday cards were sent out.

We discussed having catered suppers for the seniors, but due to the Covid-19 pandemic we decided that there will be no monthly suppers till further notice. We are aiming to have our Christmas Dinner on December 12th, 2020 but this year there will be NO GIFTS or CARDS. Teresa Roy will cater and serve the meal. Please watch for a poster and SIGN UP SHEET at the Post Office in this regard.

Grants from the Big Grass Community are finished for this year. A new application will be presented next year.

A motion was made by Ann Craik and seconded by Emily Thompson that we have a Halloween Basket Raffle. Donations can be left at the Langruth Post Office. The basket will be on display at the Post Office and tickets will be available at there as well. The draw date will be October 21st, 2020.

Please call Margaret at 204-445-2010 with any enquires.

Until next month

Margaret Whiteley

COVID-19 NOVEL CORONAVIRUS

Reprinted From:

World Health Organization (<https://www.who.int/>),

Province of Manitoba (<https://www.gov.mb.ca>)

Eight months into the COVID-19 pandemic, people are tired and want to get on with their lives. Countries want to get their societies and economies going again. This is what the World Health Organization (WHO) wants as well. Stay-at-home orders and other restrictions have taken a toll on livelihoods, economies and mental health.

WHO fully supports efforts to re-open economies and societies. WHO wants to see children returning to school and people returning to the workplace – but this must be done safely. No country can just pretend the pandemic is over.

The reality is that this coronavirus spreads easily, it can be fatal to people of all ages, and most people remain susceptible. If countries are serious about opening up, they must be serious about gaining control over the virus.

There are four essential things that all countries, communities and individuals must focus on to take control. Firstly, prevent amplifying events. COVID-19 spreads very efficiently among clusters of people. Second, reduce deaths by protecting vulnerable groups. Third, individuals must play their part by taking the measures to protect themselves and others – stay at least one metre away from others, clean hands regularly, practice respiratory etiquette, and wear a mask. And fourth, governments must take action to find, isolate, test and care for cases, and trace and quarantine contacts.

Above all, national unity and global solidarity are essential. This virus thrives when we're divided. When we're united, we can defeat it.

On August 19th, the Manitoba government launched the #RestartMB Pandemic Response System, a new public health online tool that connects Manitobans with clear, timely, and more detailed and localized information about the current risk of COVID-19 and the specific measures being taken to reduce its spread.

This tool allows public health officials to effectively communicate specific pandemic changes and related containment measures by site, region or sector. This will allow for targeted measures focusing on containing any outbreaks, instead of applying province wide restrictions. Public health remains a top priority while minimizing impacts on the economy and services.

The #RestartMB Pandemic Response System, the first of its kind in Canada, is based on a series of COVID-19 indicators monitored by public health officials to give a clear and detailed picture of the situation throughout the province. Indicators include health system capacity, public health capacity, risk of outbreaks in vulnerable settings and risk of importation of cases.

The four colour-coded response levels are:

- **(RED)** critical – community spread of COVID-19 is not contained and/or there are significant strains on the health-care system;
- **(ORANGE)** restricted – community transmission of COVID-19 is occurring, measures are being taken to manage the negative impact;
- **(YELLOW)** caution – community transmission of COVID-19 is at low levels;
- **(GREEN)** limited risk – the spread of COVID-19 is broadly contained and a vaccine and/or effective treatment is available.

The Response System outlines steps that should be taken at each response level, as well as public health orders and guidance for businesses, service providers and other sectors. We must learn to live with this virus, and be prepared to both respond and adapt to changes in the transmission risks COVID-19 presents.

COVID-19: SEPTEMBER 1ST, 2020

CANADA: 129425 CONFIRMED CASES
9132 DEATHS

MANITOBA: 1232 CONFIRMED CASES
14 DEATHS

PARKLAND REGIONAL LIBRARY
Adult Non-Fiction Books

Author	TITLE	Description
Alexander, Poppy	25 days 'til Christmas	Christmas romance
Antypowich, Lloyd	The trapper	Adventure story
Atkins, Ace	(Robert B. Parker's) Angel eyes	Thriller
Attenburg, Jami	All this could be yours	Humorous fiction
Baldacci, David	A minute to midnight	Mystery
Bardugo, Leigh	Ninth house	Occult fiction
Barr, Mark	Watershed	Historical fiction
Beckerman, Hannah	If only I could tell you	Fiction
Butler, Nickolas	Little faith	Fiction
Cameron, W. Bruce	A dog's promise	Fiction
Cockram, Jane	The house of brides	Suspense
Cha, Steph	Your house will pay	Fiction
Child, Lee	Blue moon	Thriller
Colgan, Jenny	Christmas at Rosie Hopkins' sweetshop	Christmas story
Connelly, Michael	The night fire	Suspense
Cossette, Connilyn	Until the mountains fall	Biblical fiction
Cruz, Angie	Dominicana	Fiction
Cussler/Morrison	Final option	Adventure story
Davies, Lorraine	Jacintha	Fiction
Denfeld, Rene	The butterfly girl	Mystery
El-Mohtar, Amal/Gladstone, Max	This is how you lose the time war	Science fiction
Gapph, Pettina	Out of darkness, shining light	Biographical fiction
Givhan, Jennifer	Trinity sight	Apocalyptic fiction
Goldman, Joel	All in	Suspense
Goldrin, Suzanne	My name is Eva	War story
Gould, Leslie	Amish weddings	Amish romance
Hackwith, A.J.	The library of the unwritten	Fantasy fiction
Hamilton, Ian	The mountain mater of Sha Tin	Mystery
Hand, Elizabeth	Curious toys	Mystery
(Armstrong, Caine, Kenyon et al)	Hex life: wicked new tales of witchery	Paranormal stories
Horowitz, Anthony	The sentence is death	Mystery
James, Peter	The secret of Cold Hill	Ghost story
Jewell, Lisa	The family upstairs	Suspense
Kara, Lesley	The rumor	Suspense
Le Carré, John	Agent running in the field	Spy story
Lerner, Ben	The Topeka school	Fiction
Levy, Deborah	The man who saw everything	Fiction
Locke, Attica	Heaven, my home	Mystery
Mallery, Susan	A million little things	Romance
Montefiore, Santa	The house by the sea	Romance
Mutala, Marion	My dearest Dido : the Holodomor story	Historical fiction
Ortolon, Julie	Too perfect	Romance
Peikoff, Kira	Mother knows best	Fiction
Pesemapeo Bordeleau, Virginia	Blue Bear Woman	Indigenous fiction

Online safety starts with conversations



With more young people spending time online than ever before during the COVID-19 pandemic, digital safety is more important than ever. It is important for parents to have the information and tools they need to talk about online safety with their children. Canadian Centre for Child Protection and the Provincial Government partnered on a campaign which highlights the importance of checking in with your kids regularly, setting limits and knowing how to identify potential dangers.

FREE Online Safety Lessons!

Online safety lessons have been developed for Grades 3 to 8 and will show them how to identify and respond to unsafe situations online.

Find the safety lessons at protectchildren.ca/order.

Let's keep children safe.



Tupperware®

View new product catalogues on-line at:

<http://www.tupperware.ca/>



View new product catalogues on-line at:

www.sunsetgourmet.ca

For more information contact:

Diana Gall

Phone: 204-445-2008

Phone or Text: 204-856-9105

dianamgall@gmail.com

Thordarson Health Inc.

Homeopathic Clinic

Langruth, Manitoba

*EDS testing, Homeopathic consultations,
Energy Balancing, Energy Protocols, Reiki
and Chakra Clearing*

**Call Phyllis at 1-204-445-2236 for more
information and/or book an appointment**

News From Here, There and Anywhere

Reporter Teri Soos



Hello Everyone! I am here now at Gladstone at Centennial Apartments. I made the move on August 29th with the help of my nieces and nephews. There were quite a few there to help move everything and put everything in its proper place. I have two nice sized rooms – there is actually more space than I thought there would be. There are a number of Langruth people living here so there are familiar faces for me. Marg Soos, Marion Huyber and Raymond O'Connor are a few. I would like to thank my nieces and nephews for helping with the move and cleaning my house. It will certainly be different for me living in Gladstone but it will be easier for my family having me here. I have enjoyed being here a lot so far. It is a nice service to have our groceries and medication delivered to our doors.

For the time being we aren't getting together too much due to the pandemic. We are able to get together for coffee and it is nice to have a visit with everyone. Hopefully we will soon be able have some meals together and gather more.

My Langruth news will continue from Gladstone. We will have my column brought out to Langruth for Michelle to type and put into the newspaper. Thank-you in advance to Sheila Olson and Donna Huyber who have offered to take my column back to Langruth for Michelle. Michelle and Phyllis will continue to put everything together, have it printed and get it out to you all.

I've met up with people here in Gladstone that say they enjoy reading the Langruth Views and are happy to follow the news from the area. We will do our best to keep it going.

The school children are back to school. Some are going every day and some of the older children are going every other day. The smallest children are not required to wear masks but the older ones are. It will be a learning process for the children, parents and teachers. I know that everyone will do their best to keep the children safe while they are at school learning. I am curious how the children will be bussed to school. There certainly aren't enough buses that they can all sit 6 feet apart.

News From Here, There... con't

I presume that we will have to start wearing masks everywhere. I guess we might as well get used to it.

I have heard on the news that some people that have had the COVID virus have other lasting effects. As we all know, it is best to just keep safe and protect ourselves from this virus as best we can.

The flu season will be upon us soon. The flu shot clinics will be getting going. I've heard that the yearly flu shot does help ward off COVID a little. We will certainly be ready for an official COVID vaccine. Unfortunately there seems to be more and more cases recently. Let's do our part to keep it under control.

Harvest appears to be going along fairly well. It has rained now and then which put things to a stand-still for a couple days. We will hope that all the crops ripen well and all the farmers are able to get their crops harvested. I have heard that those who were able to water their gardens are enjoying their vegetables.

I've been talking to my sister in California. Of course they are not able to travel due to COVID-19. Not only is the pandemic keeping them in but much of the state is dealing with forest fires. I've seen on television where very large homes are being lost to fires. There were fires last and now there are fires again this year. I have other families that have not been able to travel back to Canada from the U.S. due to the pandemic. It is difficult being away from your parents and family for so long. Luckily they can keep in touch over the telephone.

There have been a number of people celebrating milestone birthdays and anniversaries. It was also the 150th birthday of Manitoba. We will be celebrating Manitoba next summer all over Manitoba. For the time being we wish everyone celebrating all the best and look forward to the Manitoba 150 celebrations next year.

I hear through the 'grape-vine' that a number of my relatives are under the weather. I hope that you all are better before too long. My sister Anne has been in the hospital with back problems for a number of weeks. My nephew in Calgary has been having problems with his eyes and heart. He has been going in and out of the hospital and will

be having an operation. I have a young niece that is having difficulties with medications because of allergies. How we 'see' the doctor has changed over the last months due to the pandemic too. Often the doctors make phone appointments where they phone you to discuss your health issue rather than coming into the clinic or hospital. It certainly is something new to get used to. We hope that everyone is still getting all the care and medications that they need.

There have been a number of people who have passed away recently that we send out deepest sympathies to. Due to the pandemic many families are just having small family grave-side funerals. Sheldon Pottinger, the grandson of Bill and Myrtle Pottinger, passed away on July 12. Myrtle is part of the Callander family from here in Langruth. Sheldon suffered with neurofibromatosis most of his life. He died at the age of only 37. We send our sympathies to his family. Wally Armstrong had heart problems for the last number of years and passed away on September 2nd. We send our deepest sympathy to Wally's family. Donna Arksey also passed away on September 4th. Donna is the daughter of Ray Arksey. Deepest sympathy to the Arksey family. Wanda Toth from Gladstone also passed away. She was the wife of Dean Toth who owned Mac's Auto Supply. Deepest sympathy to the Toth family. To anyone else who has lost family or friends we send out deepest sympathy and hope that memories of happier times help you through the coming days.

I don't know how our Thanksgiving and Christmas celebrations will be this fall and winter. With the pandemic we won't be able to do as much traveling and visiting. I keep hearing that the pandemic won't be over for a year to a year and a half. They say there will be a second wave of the pandemic before it is over.

My hummingbirds have been eating a lot getting ready for their trip south. My goodness those little birds can eat up a storm. Sad to say that the hummingbirds leaving means that the weather is starting to cool off and we will be getting into the winter season before too long.

I heard that Rena Arksey and her son Harley came to Langruth for the Sunday Service at Langruth United Church on September 6th. It was

News From Here, There... con't

nice to have them come to visit and renew acquaintances.

I haven't heard that the United Church and Lutheran Church are going to be having their Fall Supper this year. I don't imagine that it is possible to host an event like that during the pandemic. It is unfortunate because it is very nice time to see friends and neighbors. This pandemic certainly has changed our social system. I guess it is better to miss seeing everyone than to pass on viruses. I'm sure there will be further cancelations before the year is through.

We have been very lucky to not have had any COVID-19 cases in our area. We can only hope that a vaccine is found before too long so we can get back to our normal lives. For the time being we have to continue to be safe and protect ourselves from the virus.

That is all for this time. Thank-you for reading the Langruth Views. We will be back in about a month. Please call me with news at my new number, 431-894-0102.

Talk to you soon,
Teri Soos.

Erratic Driving Near Langruth

Reprinted From:

<https://www.portageonline.com/local/erratic-driving-report-leads-to-assault-charges>

On August 22nd, just after 6 p.m., Amaranth RCMP received a call of an erratic driver on Highway 50 near Langruth. RCMP officers located the suspect vehicle and speaking with the driver and passenger, it was learned that the driver had just been assaulted with a weapon and they were trying to get away from the suspect.

Officers were provided information where the suspects may be and attended that location. Police located Vincent Richard of Sandy Bay First Nation in a wooded area in Sandy Bay and placed him under arrest. While in custody, police say Richard damaged property belonging to the RCMP and as a result, he is charged with assault with a weapon, mischief under \$5,000, and two counts of failing to comply with a probation order. He was remanded into custody and appeared in court on Aug. 24.

Langruth Elementary School News

Classes resumed at Langruth Elementary School on Tuesday, September 8th. A warm welcome to Mrs. Rhonda Michaud, Langruth Elementary's new Principal.



Welcome back to returning staff, Mrs. Synnova Asselstine (K-2), Miss Amanda Sollner (Grade 3-5), Mrs. Shannon Blondeau (Grade 6-8), Mrs. Susan Wilson (EA), Mrs. Michelle Teichroeb (EA), Mrs. Roberta Czeranko (EA), Mrs. Eva Winters (Skills Coach), Mrs. Candace Kennedy (Administrative Assistant/Librarian), and Mrs. JoAnn Ewen (Custodian).

This school year will include new practices and routines to keep the school community safe during the COVID-19 pandemic. School planning has put the health and safety of the children, staff and families of the school community first. School staff worked hard to make sure everything was ready to welcome students back. Amidst the pandemic, Langruth Elementary will continue to provide children with a positive and safe school environment in which to learn and grow.

Pine Creek School Division Appoints New Principal for Langruth Elementary

Reprinted From: www.pinecreeksd.mb.ca/

Pine Creek School Division is pleased to welcome Rhonda Michaud to the role of Principal at Langruth Elementary School.

Rhonda has over two decades of experience as a teacher and principal, most recently with the historic Manitoba First Nations School System. Rhonda is the 2020 recipient of the Crystal Education Leadership Award for Promoting Aboriginal Student Success.

Rhonda brings experience working with students and families throughout Manitoba to Langruth Elementary School. She has a strong understanding of Manitoba curriculum, principles of Universal Design for Learning, assessment for and of learning, and Manitoba Provincial Assessments. She has been studying through the Mehrit Centre, and her learning around self-regulation strategies will be particularly helpful during this very stressful time for children.

Congratulations to Rhonda.

Obituary:

'Wally' Robert Wallace Armstrong

January 25, 1932 – September 2, 2020



"Wally" Robert Wallace Armstrong, age 88 (born January 25, 1932), passed away on September 2, 2020, after a brief stay in St. Boniface Hospital.

Wally was born in Portage la Prairie, MB, the oldest son of Robert John Armstrong and Dorothy Emily (Johnson)

Armstrong of Langruth, MB.

From an early age, Wally operated a mixed farm in Langruth, MB. He was a hard worker and throughout his life he maintained a strong interest in farming and mechanics. Many friends and neighbors relied on his mechanical abilities. If needed, he was known to tinker, adapt and create new machines. In his later years he devoted many hours to the meticulous restoration of antique tractors. On multiple occasions his tractors were awarded "Best in Show" at the Manitoba Thresherman's Reunion. Reading, working with numbers, sharing historical information, socializing and playing music were among his many passions. Visiting friends and neighbors at the local coffee shop was something he looked forward to. He had a sharp sense of humor and didn't mince words, especially with his sons. Throughout his life, he enjoyed listening to music and taught himself to play the accordion and read music. Wally instilled a strong work ethic into his family and encouraged his sons and grandchildren to pursue their educational, musical or mechanical interests.

For the last 25 years Wally enjoyed spending his winters in Arizona with Mildred and her family or in B.C. with his relatives and their many friends.

Wally is survived by his beloved wife Mildred Regine (Ewert) Armstrong of 25 years, his four sons; Lyle (Lana) of Langruth, MB, his children Michael, Lisa, Alana, their children Christopher and Lauren; Wayne (Sandra) of Glenboro, and their children Melissa and Monica; Brent (Sharon) of Portage la Prairie, and Brent's

children Josh and Lucas, his stepchildren Jacob and Jessica; Kelly (Sarah) of St. Andrews, and their children Dillon and Rachel; Wally's stepchildren; Wayne Lobel, Jan (Lobel) Gross, Glen Lobel, Charles "Chuck" Lortie, Christine Arksey; his great grandchildren Charlotte, Owen, Ava, Nova, Kash, Scarlet, Ireland, Hannah, Emily and Haven.

Wally was predeceased by his first wife Marlene (Elke) Armstrong of Amaranth, MB; his brother James of Vancouver, B.C.; his stepson Barry Lobel of Edmonton Alberta and Brenda Lortie of Vancouver, B.C.

We would like to thank Dr. "Chuck" Lortie for his guidance during Wally's last days as well as the caring staff at the St. Boniface Hospital.

FOXON AGENCIES LTD.

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- Auto Insurance
- Photo Driver's Licence
- Investments
- Travel
- Blue Cross

LINDA FOXON

Phone: (204) 385-2993 Fax: (204) 385-2662
24 Dennis St., Box 51, Gladstone, MB R0J 0T0



**WOOD VIKING
CONSTRUCTION**

JOHN LARSON

P: 204-445-2431 C: 204-872-4545

E-mail: wood.v.c16@gmail.com

LOCAL CONTRACTOR

Langruth Community Hall

The Langruth Community Hall is available for rent at very affordable rates.

Rental limited to events included in Manitoba's #RestartMB Plan.

All COVID-19 restrictions must be followed.

For more information or to reserve a date contact:

Sheila Olson

Phone: 204-445-2228

Fun Facts About Cucumbers

Reprinted From: www.mredsegg.co.uk - Facebook Page

1. Cucumbers contain most of the vitamins you need every day. Just one cucumber contains Vitamins B1, B2, B3, B5, B6 and C, Folic Acid, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.
2. Feeling tired in the afternoon, pick up a cucumber. Cucumbers can provide that quick pick-me-up that can last for hours.
3. Try rubbing a cucumber slice on the bathroom mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.
4. Place a few slices of cucumber in a small pie tin to rid your garden of slug-like pests. The cucumber will react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.
5. Looking for a fast and easy way to remove cellulite? Rub a slice or two of cucumber along your problem area for a few minutes, the cucumber causes the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite.
6. To avoid a hangover or terrible headache eat a few cucumber slices before going to bed and wake up refreshed and headache free.
7. Rub a freshly cut cucumber over your shoes for a polished look. Its chemicals will provide a quick and durable shine that not only looks great but also repels water.
8. Rub a cucumber slice along a squeaky hinge, and voila, the squeak is gone!
9. Place an entire cut up cucumber in a boiling pot of water to create a spa atmosphere. The steam creates a soothing, relaxing aroma.
10. Take a slice of cucumber and press a slice of cucumber to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath.
11. Use a slice of cucumber to clean sinks, taps or stainless steel. Just rub it on the surface you want to clean.
12. Use the outside of the cucumber eraser pen, crayons and markers.

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for
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The Langruth Views is an initiative of the LICDC.

Lakeview Initiatives CDC is a volunteer group dedicated to the promotion of Langruth and the surrounding area.



The efforts of dedicated community volunteers make this publication possible.

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Community Reporter:


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Langruth Community Calendar September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Waste Disposal Grounds Hours: Tuesday: 10:00 am -12:00 noon 1:00 pm—5:00 pm Thursday: 1:00 pm—5:00 pm Saturday: 9:00 am—12:00 noon		1 Garbage Pick-Up: 9:30 am	2	3	4	5
6 Lutheran: No Service United: 11:30 am Catholic: 10:30 am Gospel: 10:30 am	7 LABOR DAY	8 First Day of School Garbage Pick-Up: 9:30 am	9	10	11	12
13 Lutheran: No Service United: 11:30 am Catholic: 10:30 am Gospel: 10:30 am	14	15 Garbage Pick-Up: 9:30 am	16 Council Meeting: 9:30 am Lutheran Church Council Mtg: 7:30pm	17	18	19 Harvest Festival Drive-In Movie & Fireworks 7:30 pm
20 Lutheran: 10:30 am United: 11:30 am Catholic: 10:30 am Gospel: 10:30 am	21  Fire Mtg: 7:30 pm	22 Garbage Pick-Up: 9:30 am	23	24 CFAN MEGA DRAW	25 Langruth Views Submission Deadline	26
27 Lutheran: No Service United: 11:30 am Catholic: 10:30 am Gospel: 10:30 am	28	29 Garbage Pick-Up: 9:30 am	30	Post Office & Library Hours: Monday: 9:30 am— 5:00 pm Tuesday: 9:30 am—5:00 pm Wednesday: 9:30 am—5:00 pm Thursday: 9:30 am—5:00 pm Friday: 9:30 am—5:00 pm		
						Mobile Clinic: Call 1-855-644-3515 for appointments over the phone with the Nurse Practitioner.