

Distributed by: Lakeview Initiatives Community Development Corporation Box 129 Langruth, MB ROH-ONO Email: thordarsonhealth@gmail.com

Pandemic Carries on into the New Year

Source: https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html

The end of 2020 did not bring the end of the COVID-19 pandemic. Fear and anxiety about this disease can be overwhelming. Public health actions, such as social distancing, can make people feel isolated and lonely and can increase stress and anxiety. Coping with stress in a healthy way will make you, the people you care about, and your community stronger.

During times of increased social distancing, people can still maintain social connections and care for their mental health. Phone calls or video chats can help you and your loved ones feel socially connected, less lonely, or isolated.

Some healthy ways to cope with stress include:

- Know what to do if you are sick and are concerned about COVID-19.
- Take care of your emotional health to help you think clearly in stressful situations.
- Take breaks from watching, reading, or listening to news about the pandemic.
- Take care of your body:
 - Take deep breaths, stretch or meditate.
 - Eat healthy, well-balanced meals.
 - Exercise regularly.
 - Get plenty of sleep.
 - Avoid excessive alcohol and drug use.
- Make time to unwind and do activities you enjoy.
- Connect with others and talk about your concerns with someone you trust.
- Connect with your community or faith-based organizations.

As we continue to learn how to cope with the challenges of this pandemic it is important to stay positive and put your energy into things that bring you joy. Take care!



Not Everything is Cancelled

It might seem that everything is cancelled but,

Sunshine is not cancelled, love is not cancelled, relationships are not cancelled, reading is not cancelled, naps are not cancelled, devotion is not cancelled, music is not cancelled, dancing is not cancelled, imagination is not cancelled, kindness is not cancelled, conversations are not cancelled,







Grace Lutheran Church

Supply Pastor Phyllis Thordarson 445-2323 Service at 10:30 AM on the 2nd and 4th Sundays unless otherwise stated. **New Website soon!**

Grace Lutheran Services have been cancelled until further notice due to public health restrictions.

Social Media Services available on Facebook at *Grace Evangelical Lutheran Church Langruth* <u>Manitoba</u>. Services will be uploaded to YouTube and Facebook, Langruth Happenings.

Langruth United Church

Service at 11:30 AM unless otherwise stated.

United Church Services have been cancelled until further notice due to public health restrictions.

Some services are offered via Zoom. Please contact Ann Craik at 204-445-2349 if you are interested having the Zoom link e-mailed to you.

Catholic Church News

Catholic Church Services have been cancelled until further notice. Please contact Father Leo for more information.

Amaranth Catholic Church

Sunday Mass at 10:30AM unless otherwise stated.

Sandy Bay Catholic Church

Sunday Mass at 12:30PM unless otherwise stated.

Alonsa Catholic Church

Regular Mass to be announced. Contact a church member for dates and times.

Amaranth Gospel Mission

Service at 10:30 AM unless otherwise stated.

Please contact Pastor Jay Foster for more information regarding service cancelations.

Pancake Supper & Talent Auction

Please watch for more information as public health orders must be followed.

Thank-you for your continued support of the Grace Lutheran Church & Langruth United Church.

<u>The Gladstone United Church</u> <u>Food Cupboard</u>

An emergency food resource for the Municipality of West-Lake Gladstone.

To access the Food Cupboard, please leave a message at the Gladstone United Church at 204-385-2719.

Nonperishable food donations can be left at the Langruth Post Office or call Gladstone United Church to arrange to drop off donations at the church.

Monetary donations can be mailed to Gladstone United Church Box 82 Gladstone, MB ROJ 0TO. Indicate "Food Cupboard" on the memo line.

Meaning of Shrove Tuesday

Source: Ellen Castelow, https://www.historic-uk.com/CultureUK/Pancake-Day/

Shrove Tuesday is the traditional feast day before the start of Lent on Ash Wednesday. Lent, the 40 days leading up to Easter, was traditionally a time of fasting and on Shrove Tuesday, Anglo-Saxon Christians went to confession and were "shriven" (absolved from their sins).

Shrove Tuesday always falls 47 days before Easter Sunday, so the date varies from year to year and falls between February 3rd and March 9th. In 2021 Shrove Tuesday will fall on February 16th.

Shrove Tuesday was the last opportunity to use up eggs and fats before embarking on the Lenten fast. Pancakes are the perfect way of using up these ingredients. The ingredients for pancakes can be seen to symbolize four points of significance at this time of year.

Eggs ~ CreationFlour ~ The Staff of LifeMilk ~ PuritySalt ~ Wholesomeness

To serve pancakes for 4 people you will need:

| 1 cup flour | 2 Tbsp. sugar |
|-----------------------|---------------|
| 1 Tbsp. baking powder | ¹∕₂ tsp. salt |
| 1 egg | 1 cup milk |
| 2 Tbsp. oil | |

Mix dry ingredients. Beat egg, milk and oil in a medium bowl with a whisk. Stir in flour mixture. Ladle batter onto griddle. Cook on medium heat until bubbles begin to form on tops, then turn to brown other side. Enjoy!

WestLake-Gladstone Main Office

14 Dennis St. East, Box 150, Gladstone, MB RoJ oTo Phone: 204-385-2332 Fax: 204-385-2391 E-mail: <u>info@westlake-gladstone.ca</u> **Web Site: http://www.westlake-gladstone.ca** Open Monday-Friday, 8:30 a.m. to 4:30 p.m. Regular council meetings are held at 9:30 am on the 3rd Wednesday of each month. Meetings open to the public unless noted otherwise. To make a presentation register 1 week prior to the meeting.

Councillors assigned to represent Township 16 & 17 including Langruth & Plumas will be available after January 20th.

Langruth Garbage Pick-Up: Tuesdays 9:30 am



Please have your waste at the curb before 9:30 am on Tuesdays.

Call the Municipal Office for more information.

Notice



The Public Washroom at Einarson Park in Langruth is closed. Contact the Municipal Office for more information or to voice your opinion.

Ratepayers can also contact the Province of Manitoba Minister of Infrastructure to advocate the need for a year-round washroom.

For Fire Emergencies Call 911



911 OPERATORS WILL DISPATCH LAKEVIEW FIRE DEPARTMENT

FOR BURN PERMITS CONTACT: JAMES RINN, FIRE CHIEF: 204-445-2392 IT IS MANDATORY TO HAVE A FIRE PERMIT. APPLICATIONS CAN BE FOUND ON THE MUNICIPAL WEB SITE AND ARE FREE. MUNICIPALITY OF WESTLAKE-GLADSTONE

PUBLIC NOTICE

Regarding Special Service Proposal to By-Law No. 2021-01

For the Collection of Solid Waste & Recycling

PUBLIC NOTICE is hereby given pursuant to subsection 318(1) of *The Municipal Act*, that the Council of the Municipality of WestLake-Gladstone has scheduled a virtual public hearing via Zoom on **February 4th**, 2021 at 7 p.m. to present the following special service proposal.

The link to join public hearing via Zoom is:

https://us02web.zoom.us/j/83988622224?pwd=d WY1Y2dxM3FRc1hnek1adDUxb1pFdz09 Meeting ID: 839 8862 2224 Passcode: 877137

The Municipality of WestLake-Gladstone is proposing to establish a special service levy for the collection of solid waste and recycling for all dwellings and commercial business' in the communities of Langruth, Plumas, Gladstone and Westbourne. The special service area to be levied under this proposal will be all taxable residential dwellings & commercial properties in the four special service areas previously listed. The carts/bins and pickup services will be provided by MWM Environmental. This special levy will apply for the years 2021-2025 inclusive.

A written objection may be filed with the CAO prior to the commencement of the hearing. During the hearing, Council will hear any potential taxpayer who wishes to make a presentation, ask questions, or register an objection.

All objections, written or verbal, must be filed prior to the adjournment of the hearing and must include the name(s), address and property description of the person filing the objection and the grounds of their objection.

A copy of the special service proposal is available on the website (<u>www.westlake-gladstone.ca</u>) and may be examined by any person.

Dated at the Municipality of WestLake-Gladstone this 13th day of January, 2021 A.D., and issued pursuant to Section 318 of *The Municipal Act*.

Coralie Smith, CMMA Chief Administrative Officer Municipality of WestLake-Gladstone Box 150 – 14 Dennis St. E. Gladstone, MB R0J 0T0

Nature Notes

Submitted by Raymond O'Connor



Ruby-Crowned Kinglet

This small bird is often seen in mixed-species foraging flocks with creepers, nuthatches, titmice, warblers and other kinglets. The red patch on the male's crown usually is not visible, unless he becomes excited, at which time he flashes it open and the whole crown seems to be gushing blood. The female and juvenile are similar to the male but lack the red patch.

This species is widely distributed in the boreal zone across northern and western North America as a breeding bird. It is highly migratory in pairs or solitary. It is tame and active.

Ruby-Crowned Kinglets pick food off tree trunks, branches and dense foliage. They may hawk or hover to take food. They eat mainly insects, their eggs, and larvae. They also eat some fruits and seeds. They drink tree sap, especially from the drill wells of sapsuckers.

The Ruby-Crowned Kinglet has a 'nervous' habit of flicking wings when foraging, perhaps to startle insects into flinching and revealing themselves.

The nest is made by the female with moss, lichen, down, twigs and dead leaves, and is lined with finer materials including feathers. It hangs from tree branches 60cm to 10m above the ground.

Incubation is 12-14 days by the female. Young leave the nest at 10-16 days. They are fed by both sexes. The Ruby-Crowned Kinglet has 1 brood per year. It is common and widespread in coniferous and mixed conifer-deciduous forests. Studies indicate that population may be regulated by conditions on the wintering ground.

This species can be seen in the spring and fall in our area.



Langruth Views, January/February, 2021



402 Main Street, Langruth 204-445-2295

> Monday – Friday 9:30 am – 5:00 pm

Masks are required. Please bring your key to access your mailbox.

LANGRUTH LIBRARY

PARKLAND REGIONAL LIBRARY

PARKLAND REGIONAL LIBRAR Email: langlib@mymts.net Closed until further notice.

Curb-side pick-up available.



Tickets: \$2.00/each 5000 tickets printed Must be 18+ years.

Tickets available at Langruth Post Office & Lakeview Children's Centre. License: LGCA 6939-RF-35328

2021/2022 CFAN MEGA DRAW



Only 300 tickets available! Monthly draws from April 29th, 2021 until March 31st, 2022.

Tickets: \$144/each.

Monthly Prizes: 1st - \$1200, 2nd - \$500, 3rd - \$250, 4th - \$200, 5th - \$150

Tickets available at Langruth Post Office, Lakeview Children's Centre or call 204-445-2295 to order tickets by e-transfer.

Langruth Skating Rink News

Due to Code Red public health restrictions, the Langruth Skating Rink is not allowed to open at this time (January 19th). If public health restrictions change there may be an opportunity to open before the end of the season. *Please watch for more information as to when/if the skating rink can open*.



In the event that the Skating Rink can open, volunteers will be needed for maintaining ice, developing COVID plans, supervision and working in the canteen. The 2021 season will certainly be different but

may be an opportunity to work together to offer public skating and other activities in our community when we are encouraged to stay close to home.

Please feel free to call Tom Teichroeb at 204-445-2319 or Bobbie Czeranko at 204-445-2467 if you are able to volunteer or help in any way. Thank-you for contributing to the community.

Langruth School News

the 2021 Fall Term

Kindergarten Registration for



Watch for notice of Kindergarten Registration at Langruth Elementary School. To be eligible to enroll for Kindergarten in September of 2021 your child must turn 5 years old by December 31, 2021.

If you are interested in registering your child for kindergarten or would like to learn more about Langruth Elementary School call 204-445-2001.



2020/2021 CFAN MEGA DRAW

DECEMBER DRAW WINNERS!

1st Place (\$1200): Kristen Taylor (McCreary)
2nd Place (\$500): Loretta Hopkins (Gladstone)
3rd Place (\$250): Darren Gamache (Laurier)
4th Place (\$200): Leanne Sollner (Plumas)
5th Place (\$150): Darren Gamache (Laurier)
Next Draw will be on January 28th, 2021

Feeling Joy and Calm in Today's World

Submitted by: Phyllis Thordarson

Feeling frustrated because of lock down? Try to find or do things that bring you joy. Smile, watch a funny movie, laugh, watch a beautiful sunrise or sunset, listen and or dance to your favorite music, jump on a trampoline or rebounder.

Why not try the Hands Up Buddy exercise to release tension in your shoulders and be more relaxed. You can do this sitting or standing.

- Let your arms hang by your sides, then raise them straight out in front of you so they are parallel with your shoulders.
- Bend your elbows and swing your arms out to the sides as if an officer has said Hands Up Buddy!
- Stay in that position and squeeze your shoulder blades together by pushing your arms back a little further. Hold for three inhales and exhales.

This should release tension in your shoulders and make you feel more relaxed.

fhank you

The family of the late Jim Soos wish to express our sincere appreciation to those who phoned and sent cards.

Thank-you

MOBILE CLINIC

Clinic services are suspended until further notice.



Call 1-855-644-3515 to discuss options for prescription refills & health care.

Contact Southern Health – Santé Sud to discuss restoring this service.



Reprinted From:

World Health Organization (https://www.who.int/), Province of Manitoba (https://www.gov.mb.ca)

January 11th, 2021 marked the one year anniversary of the first COVID-19 death reported to the World Health Organization (WHO). A year later there have been almost 2 million deaths from the COVID-19 virus.

WHO is hopeful that safe and effective vaccines are being rolled out in an efficient manner and the roll out will speed up in the coming weeks. The vaccination of health workers and those at high-risk in all countries is of top priority. WHO continues to ask vaccine manufactures to move swiftly to provide the necessary data that will allow the vaccine to be considered for emergency use listing.

In early January WHO was notified by Japan of a new variant of the COVID-19 virus. The more the virus spreads the higher the chance of new changes to the virus. The variants do not seem to show an increased severity of the disease but the transmissibility of some variants of the virus appears to be increasing. This can drive a surge of cases and hospitalizations. We need to continue to follow public health orders more than ever. Keep as much physical distance as you can from other people. Keep rooms well-ventilated. Wear a mask. Keep your hands clean. And cough away from others into your elbow. Everyone is fed up of hearing it but the virus is not fed up. Limiting transmission limits the chance of dangerous new variants from developing.

On January 8th, 2021 the Manitoba government extended current public health orders until January 22nd, 2021 to continue to reduce case numbers, test positivity rates and hospitalizations. Premier Pallister recognizes that the current Code Red restrictions are difficult but continues to urge Manitobans to follow the fundamentals, stay safe at home and limit close contacts.

The Code Red restrictions were left in place to monitor possible increases in case numbers as a

result of the holidays. As of January 8th, public health officials saw more than 355 cases and nearly 1900 contacts linked to holiday gatherings.

Manitoba has announced the Safe at Home Manitoba program to provide support to Manitobans staying at home during this critical time. A variety of resources can be found at <u>www.safeathomemb.ca</u>.

Compliance and enforcement issues can be reported at <u>www.manitoba.ca/COVID19</u> by completing the reporting form, or by calling 204-945-3744 or 1-866-626-4862 (toll-free) and pressing option three on the call menu.

 15^{th} , On January 2021 the Manitoba government announced that it would seek feedback from Manitobans on its plan to move forward to safely restore services and activities, while balancing the needs of the health care system. The province launched a survey inviting Manitobans to share feedback. The survey asked questions about people's perspectives on the risk of the virus, COVID-19 vaccines and their comfort levels with different activities. Based on survey results a few changes are considered. Outdoor gathering on private property could increase to 5. Attendance at funerals could rise to 10. Stores could reopen with occupancy limits at 25%. Non-regulated health services, barber shops and salons could reopen. The goal is to create a sustainable path forward where businesses and communities can reopen safely, and stay open. We can work together to build a heathier, safer, more prosperous future. Public health orders are expected to be updated on January 22nd, 2021.



PARKLAND REGIONAL LIBRARY Adult Fiction Books

| | Adult Fiction Books | |
|------------------------|---|-----------------------|
| AUTHOR | TITLE | DESCRIPTON |
| Babiak, Todd | The empress of Idaho | Fiction |
| Baldacci, David | Redemption | Mystery |
| Bergren, Lisa T. | Verity | Historical romance |
| Blake, Sarah | The guest book | Fiction |
| Chiaverini, Jennifer | Resistance women | Historical fiction |
| Clark, Michael J. | Clean sweep | Manitoba fiction |
| Clipston, Amy | A seat by the hearth | Amish romance |
| Clipston, Amy | A welcome at our door | Amish romance |
| Cornick, Nicola | The phantom tree | Fiction |
| Cornick, Nicola | The woman in the lake | Historical fiction |
| Deaver, Jeffery | The never game | Suspense |
| Dow, David R. | Confessions of an innocent man | Suspense |
| Epstein, Jennifer Cody | Wunderland | Fiction |
| Evanovich, Janet/Peter | The Big Kahuna | Humorous fiction |
| Evanovich, Stephanie | Under the table | Romance |
| Evans, Richard Paul | The road home | Fiction |
| Fisher, Erin Frances | That tiny life | Canadian fiction |
| George, Nina | The book of dreams | Fiction |
| Goudreault, David | Mama's boy | Fiction |
| Graham, Genevieve | At the mountain's edge | Historical romance |
| Graham, Genevieve | Come from away | Historical romance |
| Gray, Claudia | Star wars: master and apprentice | Science fiction |
| Golding, Melanie | Little darlings | Psychological fiction |
| Goodwin, Rosie | The boy from nowhere | Fiction |
| Griffiths, Elly | The stranger diaries | Mystery |
| Harmer, Liz | The amateurs | Dystopian fiction |
| Hughes-Hallett, Lucy | Peculiar ground | Historical fiction |
| Hunter, Kristi Ann | A return of devotion | Historical romance |
| Jaswal, Balli Kaur | The unlikely adventures of the Shergill sisters | Fiction |
| Kalpakian, Laura | The great pretenders | Historical fiction |
| Kelly, Martha Hall | Lost roses | Historical fiction |
| Kerr, Phillip | Metropolis | Historical fiction |
| Klassen, Julie | The bride of Ivy Green | Inspirational romance |
| Klassen, Julie | The innkeeper of Ivy Hill | Inspirational romance |
| Lavoie, Marie-Renee | Autopsy of a boring wife | Humorous fiction |
| Macallister, Greer | Woman 99 | Historical fiction |
| McEwan, Ian | Machines like me | Alternative history |
| McPhail, Diane C. | The abolitionist's daughter | Historical fiction |
| Margolin, Phillip | The perfect alibi | Legal story |
| Montefiore, Santa | The temptation of Gracie | Romance |
| Nader, Ralph | How the rats re-formed the Congress | Political satire |
| Novik, Naomi | Spinning silver | Fantasy fiction |
| Page, Kathy | Dear Evelyn | Fiction |
| Patterson, James | Target: Alex Cross | Mystery |
| Penny, Louise | Kingdom of the blind | Mystery |

Langruth Views, January/February, 2021

News from Here, There and Anywhere



Happy New Year! We hope that everyone enjoyed their Christmas and New Year even if it was celebrated differently.

Teri Soos was not able to submit a news column this month. We look forward to hearing from Teri in the March issue.

Sketch of Early Langruth By G.W. Langdon

Reprinted From: A Tribute to Soldiers and Pioneers of the Langruth District, 1950

In the year 1907 two young men of St. Thomas, Ontario, got a touch of what was commonly known as 'the Western fever' and decided to seek their fortunes in the Canadian West. Their names were George W. Langdon and W. Judson Ruth, later to form a real estate partnership of Langdon and Ruth. And now, 43 years later, the former attempts this little sketch.

Western farm land and fabulously-advertised Western townsites were attracting much attention of Easterners not only for actual settlement but more so for investments by thousands not intending to remove to the West. And thus these two scented an opportunity to try and help satisfy some of these people' ambitions, and of course to the mutual advantage of all concerned. So to the West.

After making inspection of a few of the many available and more likely propositions in prairie lands submitted by some of the numerous real estate firms and very eager land agents they finally decided to at least have a look at a considerable area offered for sale to the West of Lake Manitoba and where now the prospering and delightful little town of Langruth is the appropriate centre.

It was in the midst of a busy harvest season on the Portage Plains and there seemed to be a threshing outfit on about every second or third farm in a veritable sea of stooks stretching far and wide, a beautiful and unforgettable sight to the two Easterners especially as they had the full benefit of this magnificent view from a livery democrat driven out from Portage la Prairie. The driver delivered a letter from the owners of the land to the late Mr. Thos. Robertshaw, of North Lakeland, who joined the party in giving the district a casual look-over. This land, covered as it was with poplar trees and willow scrub, appealed to them as being more Ontario-like than the open prairie, besides having the advantage of established markets and with a new branch railway line pointing through it. In fact, the railway grade had already been constructed to a couple of miles further North though the steel had not yet been laid. And a very important consideration were the terms under which this block might be handled being such as to agreeably correspond with their financial limitations. So notwithstanding the soil of some of it at least was not exactly the best they had seen elsewhere in the West such disadvantage was easily offset in their minds by advantages evident not to mention other advantages they thought they could foresee and which the years since vindicated. And so after a later inspection they finally secured what appeared to be the choice eight sections of this block. This to be only a starter for their proposed operations.

The Kinosota ridge, the prominent of the many former beaches of prehistoric Lake Agassiz which more or less paralleled the Western shore of the present Lake Manitoba appealed to them not only as a splendid road-bed but as the vertebrae of a future magnificent mixed-farming district only awaiting development. This ridge extending a distance of approximately sixty mile to near Kinosota, the site of a former Hudson's Bay Company trading post, near the head of the Lake and an average of about four or five miles out from its Western shore had been used as a trail no doubt ever since the first habitation of man in these parts and only a few years previous had been surveyed by the Government as a public road. It was at that time a quite picturesque driveway along the gently winding ridge and not as yet disfigured by motor traffic, though the travelled path was for the most part quite narrow and more or less encroached upon by trees. Another trail also then recently surveyed followed the more open country near the Lake and was used by the early settlers much more than the Kinosota trail. It was commonly known as the Sandy Bay trail but the registered name is the Totogan trail. This trail has of course long since been abandoned.

Another then recent improvement by the Government, though taxed to the assessable lands

Sketch of Early Langruth con't

over a period of thirty years, was the construction of drainage ditches across the splendid slope towards the lake in a little over four townships' area. These ditches, though placed at strangely irregular distances apart, were fulfilling admirably their intended purpose in removing the surplus water that formerly accumulated behind the ridges and kept the land to the East of them constantly more or less water-logged and practically unfit for cultivation.

And in addition to the dormant agricultural possibilities of the district the winter fishing on Lake Manitoba was then already an industry of importance, especially to the early pioneers, though the hardy fishermen of those days were obliged to haul their frozen catch many miles to market chiefly to Westbourne and Gladstone. And they didn't have comfortably heated vans either. It was the open sleigh and faithful slowmoving team for it. But the catch was usually wonderful and well need it be for the prices paid were very meager indeed. It was a common sight to see loads of frozen fish, mostly jackpike and pickerel, piled up on sleighs and which after a haul of perhaps twenty or thirty miles, frequently in frigid weather, brought only two or three cents a pound. One old-timer says as low as half a cent a pound.

At that time and for a number of years previous a colony of Icelandic people settled at or in the vicinity of Big Point and a few others further north along the Lake. Another small colony had settled at Marshland where they found favorable grazing lands along the Big Grass Marsh. To the South in the Lakeland district there had been some settlers for years, though with very little land under cultivation in most cases, as also further North sparsely scattered settlements as far as Kinosota and principally along the Lake. And here and there a thriving rancher occupied a choice grazing range, also chiefly on the lake front. Big Point was a favorite ranching site for years before the advent of the Icelandic people. Of these early ranchers an outstanding successful one was the late Mr. Mat Hall, Sr, of Lakeland a man very popularly known to most everyone in this part of the province.

.....To be Continued in March

Langruth Fall Fair Seeks Volunteers

The Langruth Fall Fair looks forward to the 2021 showing of fruits and vegetables, flowers, baking, canning and handicrafts from the community. After the cancellation of the 2020 fair due to public health restrictions, the 2021 fair is sure to be memorable as this community tradition is restored in a safe way.

The Langruth Fall Fair is typically held on the third Saturday in August. This year's fair is tentatively set for August 21st, 2021.

The Langruth Fall Fair is in need of additional volunteers for the 2021 season. This is a great opportunity to learn more about the fruits, vegetables and flowers grown in the local area, about methods of fine baking and canning and a variety of handiworks, all while contributing to the community. There is something for everyone.

If you are interested in learning more about the Langruth Fall Fair please contact Diana Gall at 204-445-2008 or 204-856-9105. All volunteer help is appreciated. Let's make the 66th Langruth Fall Fair great.



Seven Regions Palliative Care Memory Tree Campaign



Seven Regions Palliative Care provides compassionate care to patients and families when they acknowledge that hope of a cure is no longer medically possible. Many volunteers donate time to help people, families and friends with their journey through the final stage of their life. Services include bereavement support, inpatient support, nursing visits, pain & symptom management, physician visits, respite care and volunteer support.

The Palliative Care Program is funded entirely by donations and monies raised through local fundraising events. The most recent fundraiser was the Memory Trees in Langruth, Gladstone and Plumas. A small donation of \$5.00 in memory of a loved one lit a bulb on the memory tree. All proceeds go to the non-profit charity and stay in our communities to best support those nearing end of life and their caregivers in their time of need. The donations are used to purchase equipment, train volunteers. fund loan bereavement support, purchase library resources and support the palliative care program in many other ways. The continued community support helps make it possible to offer palliative care services in our communities.



Pine Creek School Division Selects New Superintendent

Reprinted From: http://www.pinecreeksd.mb.ca/

The Pine Creek School Division is pleased to announce the hiring of our new Superintendent, Mrs. Sandra Meilleur. Mrs. Meilleur brings with her a strong sense interpersonal skills, not only with colleagues and multidisciplinary teams, but also with families and communities. She believes high visibility in the schools and relationships within school communities are critical aspects to her superintendent role.

Mrs. Meilleur has a passion for learning, reading, and keeping abreast with current educational research. She is currently taking her of Education through Athabasca Master University, with a high interest in collaborative systems and frameworks. Other professional interests include inquiry and authentic based system data analysis learning. to drive professional dialogue and best teaching practices, and collaborative assessment, all with keeping student achievement in the forefront.

Over the last fifteen years Mrs. Meilleur has been an administrator in Seine River School Division. Prior to her administrative role, she was a divisional consultant for instructional technology, as well as a high school pre-calculus, physics and computer science teacher. Currently, she is an administrator in one of the larger schools overseeing approximately four hundred students and sixty-five staff members.

Through her years in Seine River, Mrs. Meilleur has led several divisional committees collaboratively, such as Numeracy, Technology, and Wellness. Provincially, Mrs. Meilleur has been involved in COSL, facilitated Resource Teacher PD sessions for the Manitoba Teacher Society, and has been a part of several committees including ELA and Basic French curriculum development, School Improvement and Literacy with Information and Communication Technology.

Pine Creek School Division is looking forward to working with Mrs. Meilleur to continue to provide a safe, positive, and high quality programming for all students.

Langruth Views, January/February, 2021

Welcome Corner!



The Langruth community extends a warm welcome to all those who have recently moved into the community. We hope you enjoy the many activities, organizations and events that our community has to offer (once COVID restrictions are lifted!).

Please contact Phyllis at 204-445-2323 or thordarsonhealth@gmail.com if you know of anyone new moving into our community so they can be warmly welcomed.

Online Crown Land Lease Auctions

Source: https://news.gov.mb.ca/

The Manitoba government announced a new, modern online approach to agricultural Crown land lease auctions beginning in February. The new, online auction format will ensure all Manitobans have the opportunity to rent additional lands to support their farming operations. A number of Crown land parcels will be available to rent for haying, grazing, or cropping. The official listing of agricultural Crown lands available for rent can be found at:

https://resd.ca/leases_and_permits/LPproperties.aspx

The online auctions will be hosted by Garton's Auction Service from February 8th to 12th. Further information will follow at: https://gartonsauction.com/

For more information on the upcoming online auctions contact Agricultural Crown Lands Program by email at *agcrownlands@gov.mb.ca* or by calling 204-867-6550 or 1-844-769-6629 (toll free) or by visiting the above listed web site.

Just For Laughs.....



What falls in the winter but never gets hurt?

Snow

What do you call it when a snowman throws a temper tantrum?

A Meltdown

March, 2021 Issue February 19th, 2021

Langruth Views Subscriptions

Canadian Subscriptions: \$18.00/year US Subscriptions: \$35.00/year

Please make cheques payable to Lakeview Initiatives CDC

Forward payment to: Lakeview Initiatives CDC Box 129, Langruth, MB R0H 0N0

Subscribe for one year at a time as rates may change.

Present subscribers; please check the expiration date on your Langruth Views. The Langruth Views is an initiative of the LICDC.

Lakeview Initiatives CDC is a volunteer group dedicated to the promotion of Langruth and the surrounding area.



The efforts of dedicated community volunteers make this publication possible.

Advertising Rates:

Business card size: \$2.00 ^{1/4} page: \$5.00 ^{1/2} page: \$10.00 Full page: \$20.00 Similar rates for a thank-you, a birthday wish, a birth announcement, in memoriam, or an obituary.

Only community announcements are FREE

<u>Community Reporter:</u> Teri 431-894-0102 <u>Editor and Subscriptions:</u> Phyllis 445-2323 or 445-2236 <u>thordarsonhealth@gmail.com</u>

| Langr | Langruth Comm | | ty Cale | ndar Fe | unity Calendar February 2021 |
|---|----------------------|---|---|--|--|
| Sun | Mon | | Wed | Thu | Fri Sat |
| | I NO SCHOOL | 2 Garbage Pick-Up: 9:30 am | ŝ | 4 Virtual Public Hearing 7:00 pm | 5 |
| 7 All Church Services Cancelled | ∞ | 9 Garbage Pick-Up: 9:30 am | 10 | II | 12 13 CFAN Valentine's Day 50/50 Draw |
| 14 All Church Services Cancelled Valentine's Day | 15 Louis Riel Day | 16 Shrove Tuesday Garbage Pick-Up: 9:30 am | 17 Council Meeting: 9:30 am | 18 | 19 20 |
| 21 All Church Services Cancelled | 22 | 23 Garbage Pick-Up: 9:30 am | 24 | 25 CFAN MEGA DRAW | 26 27 Langruth Views Submission Deadline |
| 28 All Church Services Cancelled | | | Waste Disposal Grounds & ECO Center <u>Hours</u> : Tuesday:10:00 am -12:00 noon 1:00 pm—5:00 pm Thursday: 1:00 pm—5:00 pm Saturday: 9:00 am—12:00 noon | ds & ECO Center 00 noon 00 pm 2:00 noon | Post Office & Library Hours: Monday: 9:30 am— 5:00 pm Tuesday: 9:30 am—5:00 pm Wednesday: 9:30 am—5:00 pm Thursday: 9:30 am—5:00 pm Friday: 9:30 am—5:00 pm |