

Langruth Views

April 2021



Distributed by:

Lakeview Initiatives Community Development Corporation

Box 129 Langruth, MB R0H-0N0

Email: thordarsonhealth@gmail.com

FIRE BAN

On March 25th the Municipality of WestLake-Gladstone issued a Fire Ban that will remain in effect until further notice. The fire ban includes:

- Outdoor fires involving burning of grass, crop residue and bushes.
- Fires in enclosed backyard fire pits.

Persons who contravene this ban and are found guilty of starting a fire may be subject to fines and penalties. Thank you for your cooperation! Fire calls cost time, money, resources and risk fire fighters' safety.

FOR FIRE EMERGENCIES CALL 911



**911 OPERATORS WILL DISPATCH
LAKEVIEW FIRE DEPARTMENT**

FOR BURN PERMITS CONTACT:

JAMES RINN, FIRE CHIEF: 204-445-2392

IT IS MANDATORY TO HAVE A FIRE PERMIT.

**APPLICATIONS CAN BE FOUND ON THE
MUNICIPAL WEB SITE AND ARE FREE.**

**FIRE PERMITS WILL NOT BE ISSUED DURING A
FIRE BAN.**



EARTH DAY

APRIL 22nd, 2021

<https://www.earthday.org/>

EARTHDAY.ORG's theme for Earth Day 2021 is **Restore Our Earth™**, which focuses on natural processes, emerging green technologies, and innovative thinking that can restore the world's ecosystems. It is up to each and every one of us to Restore Our Earth not just because we care about the natural world, but because we live on it. We all need a healthy Earth to support our jobs, livelihoods, health & survival, and happiness. A healthy planet is not an option — it is a necessity.

More than 1 billion people in 192 countries participate in Earth Day activities each year, making it the largest civic observance in the world. Take part in an Earth Day activity to help further climate action across the globe.

One of the best ways that people can make an impact for our planet is by cleaning up our public spaces. Our pollution problem is getting out of hand and our environment is suffering for it. Open landfills emit dangerous greenhouse gasses, waste and pollution that enter our oceans and freshwater. Microplastics even make it into our food and the air we breathe.

The Great Global Cleanup advocates for change when it comes to pollution. It promotes policies that reduce pollution and encourages people everywhere to take actions to reduce waste. By connecting with the Earth in a tangible way through cleanups, the extent of our single-use plastic problem is experienced firsthand. Cleanups reduce waste and plastic pollution, improve habitats, prevent harm to wildlife and humans and even lead to larger environmental action.



Church News

Grace Lutheran Church

Supply Pastor Phyllis Thordarson 445-2323

Service at 10:30 AM on the 2nd and 4th Sundays unless otherwise stated. **New Website soon!**

Grace Lutheran Church Services in-person services are closed until further notice.

Apr 11: No Service

Apr 25: Liturgical Communion Service

Langruth United Church

Service at 11:30 AM unless otherwise stated.

United Church Services have resumed under public health guidelines.

Apr 4: Service conducted by Dan Jardine

Apr 11: Service conducted by Jim Warburton

Apr 18: Service conducted by local laity.

Apr 25: Service conducted by local laity.

Catholic Church News

Catholic Church Services have resumed under public health guidelines. Please contact Father Leo for more information.

Amaranth Catholic Church

Sunday Mass at 10:30AM unless otherwise stated.

Sandy Bay Catholic Church

Sunday Mass at 12:30PM unless otherwise stated.

Alonsa Catholic Church

Regular Mass to be announced. Contact a church member for dates and times.

Amaranth Gospel Mission

Service at 10:30 AM unless otherwise stated.

Please contact Pastor Jay Foster for more information regarding services.

The Gladstone United Church Food Cupboard

To access the Food Cupboard leave a message at the Gladstone United Church at 204-385-2719.

Nonperishable food donations can be left at the Langruth Post Office.

Monetary donations can be mailed to Gladstone United Church Box 82 Gladstone, MB R0J 0T0.

Indicate "Food Cupboard" on the memo line.

Langruth Views, April, 2021

Happy Birthday



Wishing a very special Aunt and Friend, Ellen Forsley, a very Happy 104th Birthday on March 27th.

Hope you had a great day.

As you celebrate 104 years take time to think about a favorite memory, think about your beginning and where your journey started.

Look how far you've brought yourself on paths that were uncharted and how many friends you have inspired over the years. People are so grateful for the gift of knowing you and working beside you Ellen.

Love you to the moon and back.

From,

Ernie and Lois Wilson & Family

2020/2021 CFAN MEGA DRAW

MARCH DRAW WINNERS!

1st Place (\$1200): Sharron Arksey (Winnipeg)

2nd Place (\$500): Melody Lee (Amaranth)

3rd Place (\$250): Jason McIvor (St. Agathe)

4th Place (\$200): Myrna Beaulieu (Marius)

5th Place (\$150): Brandur Gudbrandson (Laurier)

Next Draw will be on April 29th, 2021

WestLake-Gladstone News

WESTLAKE-GLADSTONE MAIN OFFICE

14 Dennis St. East, Box 150,
Gladstone, MB R0J 0T0

Phone: 204-385-2332 Fax: 204-385-2391

E-mail: info@westlake-gladstone.ca

Web Site: <http://www.westlake-gladstone.ca>

Open Monday-Friday, 8:30 a.m. to 4:30 p.m.

Regular council meetings are held at 9:30 am
on the 3rd Wednesday of each month. Meetings
open to the public unless noted otherwise.

To make a presentation register 1 week prior to
the meeting.

Councillors have been assigned to represent
specific Townships and Communities.

Until July 31st, 2021, Township 16 & 17 including
Langruth and Plumas are represented by:

Monica Ferguson (204-872-0777)

Randy Bjarnarson (204-871-5932)

Municipal Office Open to the Public

The Municipal Office is now open to the
public. 1 patron at a time is allowed in the office.

Upon entry, please:

- **Wear a mask**
- **Sanitize your hands**
- **Respect social distancing**

Please stay in the vestibule until a staff
member waves you in. A drop box is also located
in the vestibule if that is preferred.

Road Dust Suppression Applications

The Municipality does not coordinate a Road
Dust Control Program. Residents may apply an
environmentally acceptable dust suppression
product on the roadway fronting their
residence/business at their own cost. The
Municipality must be notified of the intention to
apply dust control prior to **April 30th** in order to
have the road prepared (graveled and graded)
before the dust control is applied.

Langruth Garbage Pick-Up: Tuesdays 9:30 am

Please have your waste at the curb
before 9:30 am on Tuesdays.

Call the Municipal Office for more information.



Financial Plan Public Hearing

Wednesday, April 14th, 2021

7:00 pm

Stride Hall in Gladstone

All COVID-19 regulations will be followed.

Council will present the proposed 2021 Financial
Plan. The presentation will provide an overview of
the proposed financial plan followed by a forum for
questions and comments from the public. The
purpose is to allow all interested people to make a
representation, ask questions or register an
objection.

The proposed financial plan is available to view
online at <http://www.westlake-gladstone.ca>. Paper
copies of the proposed financial plan are available
upon request at the Municipal Office during regular
business hours.

Questions and remarks may be directed in writing
to Coralie Smith, CAO or through email at
info@westlake-gladstone.ca.

Consultation with the community is an important
component of the Municipality's budget process.
Council encourages you to attend.

(In accordance with subsection 162(2) of The Municipal Act)

Cyber Security Breach Update

Source: News Municipal News Release, March 11, 2021

<https://www.westlake-gladstone.ca>

The council of the Municipality of WestLake-
Gladstone would like to thank you for your
patience as we navigate through the malicious
cyber security breach, in which a significant
amount of money was electronically stolen from
the Municipality's operating bank account.

There is no evidence indicating that the
municipality did anything negligent. After in-
depth consultations with our legal team, the
Municipality has been guided to pursue this
matter through the Provincial Court system.

Council continues to work with our legal team
and is committed to providing updates when
made available. Once again thank you for your
patience as we continue to advocate for the return
of municipal funds.



Tupperware®

www.tupperware.ca

<http://dianamgallmytupperwarecom.my.tupperware.ca/>

Diana Gall

Cell: 204-856-9105

dianamgall@gmail.com



View the online
catalogue at:
www.sunsetgourmet.ca

Notice

The Public Washroom at
Einarson Park in Langruth is closed.

Contact the Municipal Office
for more information or to voice your opinion.

Ratepayers can also contact the Province of
Manitoba Minister of Infrastructure to advocate
the need for a year-round washroom.



MOBILE CLINIC

Clinic services are suspended
until further notice.

Call 1-855-644-3515 to discuss options
for prescription refills & health care.

Contact Southern Health – Santé Sud to
discuss restoring this service.



**FOXON
AGENCIES
LTD.**

- General Insurance
- Auto Insurance
- Photo Driver's Licence
- Investments
- Travel
- Blue Cross

LINDA FOXON

Phone: (204) 385-2993 Fax: (204) 385-2662
24 Dennis St., Box 51, Gladstone, MB R0J 0T0



Nature Notes

Submitted by Raymond O'Connor



Bald Eagle

The national bird of the United States has an awe-inspiring wingspan and striking white head and tail that make adults easy to identify. Big concentrations of these huge birds can be seen perched in trees and resting on sandbars when salmon run in rivers of the northwest. Juveniles can be recognized by their large size, dark brown head, tail and body, mottled white patches on under wings and under parts, greyish eyes, and light yellow feet.

The Bald Eagle hunts for prey, primarily fish, especially in breeding season. Sometimes steals fish from Ospreys. It also eats carrion and injured or cripple waterfowl, squirrels, rabbits and muskrats.

The nest of the Bald Eagle is made of large sticks and vegetation, deeply lined with fine material in the fork of a tall tree or on a ledge between 9 meters and 18 meters above the ground. The nest is built by both sexes.

Incubation is 31 – 46 days by both sexes. The young stay in the nest 70 – 98 days until their first flight. They are fed by both sexes. One brood is produced per year.

The Bald Eagle is protected by national wildlife refuges and legally with heavy fines. It has made a great comeback, especially in the United States, since the 1970's with wide scale restoration programs and the banning of DDT and other chemical pollutants.




RICK BUECKERT
CONSTRUCTION
GENERAL CONTRACTOR

Rick Bueckert
OWNER

Box 227
Langruth, Manitoba
R0H 0N0 CANADA

1 (204) 871-6471
e: rickbueckert1@hotmail.com

Langruth Post Office



402 Main Street, Langruth
204-445-2295

Monday – Friday
9:30 am – 5:00 pm

Masks are required.

Please bring your key to access your mailbox.

LANGRUTH LIBRARY

PARKLAND REGIONAL LIBRARY

Email: langlib@mymts.net



The Library is open.

COVID-19 precautions in effect.

2021/2022 CFAN MEGA DRAW

**CFAN Mega Draw tickets
are on sale now!**



Only 20 tickets left!

(300 tickets printed)

Monthly draws from

April 29th, 2021 until March 31st, 2022.

Tickets: \$144/each.

Monthly Prizes: 1st - \$1200, 2nd - \$500,
3rd - \$250, 4th - \$200, 5th - \$150

**Tickets available at Langruth Post Office,
Lakeview Children's Centre or call
204-445-2295 to order tickets by e-transfer.**

The Big Grass Community Foundation



Box 497, Gladstone, MB
R0J 0T0

biggrassfoundation@outlook.com

The Big Grass Community Foundation Board would like to acknowledge the impact of the special 'Manitoba 150' grant of \$5000 and the 'Named Funds' listed below in addition to the Community and General Funds which have financed our annual foundation grants for this year.

Murray McClure Fund

Roy McConnell Fund

Patty Ferguson Fund

Arthur and Elma Sneesby Fund

Langruth Legion Fund

Gladstone Cemetery Fund

Big Grass Community Foundation 2020 Grant Recipients

Westbourne-Longburn Community Club	\$1740
Gladstone Music and Arts Festival	\$290
Langruth Recreational Committee	\$2200
Lakeview Children's Centre - CFAN	\$1000
Happy Rock Children's Center	\$1000
Gladstone Agricultural Society	\$2500
Gladstone Cemetery	\$700
Langruth Area Cemeteries	\$1000
Plumas Memorial Community Center	\$1000
Gladstone District Arena	\$1000
Plumas Community Garden	\$150
Gladstone Handi-Workers 4H Club	\$200
Community Food Cupboard	\$2000
Plumas PAC Committee	\$800
Langruth Legion Scholarship for WMCI grad	\$400
Langruth Bursary for WMCI grad	\$400
Big Grass Bursary for WMCI grad	\$400

Eileen CLARKE
MLA for Agassiz

Constituency Office:
17 - B Dennis St. W
Gladstone, MB R0J 0T0

T: 204.385.2469
E: agassizmla@outlook.com

WOOD VIKING
CONSTRUCTION

JOHN LARSON

P: 204-445-2431 C: 204-872-4545

E-mail: wood.v.c16@gmail.com

LOCAL CONTRACTOR

MLA Eileen Clarke Recognizes The Work of Sheila Olson, LPN

Submitted By: Eileen Clarke, MLA for Agassiz



"A true hero isn't measured by physical strength but by the strength of their heart."

This past year there has been a significant focus on healthcare providers, not just in Manitoba but throughout the entire world. They are a profession that never quits giving and we owe them our heartfelt gratitude.

I want to express my appreciation for a nurse in Agassiz Constituency who has had a lifelong career as a nurse. Her name is Sheila Olson, and she lives in the small but vibrant community of Langruth.

My earliest memories of Sheila go back to 1972 when Bob and I became owners of Hammond's Funeral Home and Ambulance Service. When called for ambulance services or unexpected deaths in the Langruth community, any time day or night, the call most often came from Sheila. She was already at the home

attending to someone who was seriously ill, injured or she was with the family of the deceased till Bob arrived. After more than 50 years she is still the "community nurse" by tradition that helps anyone in need, in her community.

Sheila has worked at the Gladstone Hospital and in more recent years at Third Crossing Manor as well. After her retirement in 2015 she continued to take casual shifts as a Nurses Aid which was much appreciated by management and her colleagues. She is currently filling the position of Scheduling Clerk for these facilities.

Besides her commitment to health care in our province Sheila is a proud mom to 3 adult daughters and a loving grandma to 7 grandchildren. She is also a lifelong volunteer to her local community. She has served on the hall, fall supper and rink committees and always a committed worker at all community fundraising events. She often visited, took meals to seniors or shut-ins and always took time to call others who needed a friendly voice.

Thank you Sheila. As a dedicated healthcare worker, you have gone above and beyond to serve suffering individuals and give them a quality of life.

Don't underestimate the legacy you leave behind as a nurse and community volunteer; you are impacting generations to come.

Langruth Skating Rink

Due to public health restrictions the Langruth Skating Rink was not able to open this season.

Thank-you to the dedicated volunteers who helped put in the ice in hopes of opening.

Just before the ice was unusable, public health restrictions did change allowing students from Langruth Elementary School to go skating on March 11th. The Skating Rink was opened on March 13th for a first and last public skate of the season.

Everyone is looking forward to getting back to activities at the Skating Rink next season.

Yellowhead Regional Water Co-op

Source: Public Water System Annual Report - 2020

The Yellowhead Regional Water Co-op (YRWC) provides potable drinking water to a population of approximately 3500 residents in the Municipalities of North Norfolk, WestLake-Gladstone, Glenella-Lansdowne, the towns of Gladstone, MacGregor, Austin, Bagot, Rossendale, Westbourne, Plumas and Arden.

The YRWC receives its treated water supply from the City of Portage La Prairie Water Treatment Plant, which uses the Assiniboine River as the raw water supply. The water system consists of a network of pressure pipelines, booster stations, a pressure reducing station, water storage reservoirs, and meter stations.

The YRWC water system is beginning to reach the Lakeland/Langruth area. For more information contact the Municipal Office and fill out a Rural Water Application form.

PARKLAND REGIONAL LIBRARY
Adult Non-Fiction

CALL No.	TITLE	AUTHOR
155.67 APP	This chair rocks: a manifesto against ageism	Applewhite, Ashton
158.1 HOR	Someday is not a day in the week : 10 hacks to make the rest of your life the best of your life	Horn, Sam
179.9 JAC	Thanks a thousand: a gratitude journey	Jacobs, A.J.
248.4 DON	The kindness effect	Donovan, Jill
305.3 RYL	She he they me: for the sisters, misters and binary resisters	Ryle, Robyn
306.097 SHA	The right side of history : how reason and moral purpose made the West great	Shapiro, Ben
306.845 DEC	The husband hunters: social climbing in London and New York	De Courcy, Anne
327.12 FRI	Spies of no country: secret lives at the birth of Israel	Friedman, Matti
332.024 LEO	Happy go money: spend smart, save right and enjoy life	Leong, Melissa
362.29 HIG	High time: the legalization and regulation of cannabis in Canada	(edited by Potter & Weinstock)
362.7 MAC	Staying alive while living the life: adversity, strength, and resilience in the lives of homeless youth	Macdonald/Roeback
520 FAZ	Backyard guide to the night sky	Fazekas, Andrew
613.25 COL	Ketotarian : the (mostly) plant-based plan to burn fat, boost your energy, crush your cravings, and calm inflammation	Cole, Will
613.704 KHA	Kundalini yoga	Shakti Parwha Kaur Khalsa
635 VEG	The vegetable gardener's book of building projects	(Storey Publishing)
641.5 TEI	Cravings: hungry for more	Teigen, Chrissy
641.595 THU	Secrets from my Vietnamese kitchen : simple recipes from my many mothers	Thúy, Kim
649.1 BEL	Cat & Nat's mom truths	Belknap/Telfer
671.52 GAL	Basic welding for farm and ranch	Galvery, William
684.08 CHR	Build stuff with wood: make awesome projects with basic tools	Christiana, Asa
796 STR	Nature play at home : creating outdoor spaces that connect children with the natural world	Striniste, Nancy
813.6 POT	Adam Pottle on writing with deafness	Pottle, Adam
818.62 GUI	Fifty things that aren't my fault: essays from the grown-up years	Guisewite, Cathy
921 ADA	Woman in scarlet: the groundbreaking true story of a life as a woman in an elite, male-only police force	Adams, Karen L.
921 DEL	One heart at a time: the inspiring journey of the most listened-to woman on the radio	Delilah
921 MER	CinderGirl : my journey out of the ashes to a life of hope : a memoir	Meredith, Christina
921 PAC	This much country	Pace, Kristin Knight

COVID-19 NOVEL CORONAVIRUS

Reprinted From:
World Health Organization (<https://www.who.int/>),
Province of Manitoba (<https://www.gov.mb.ca>)

As of March 17, 2021, more than 120 million cases of COVID-19 infections, with more than 2 million deaths, had been reported globally. Vaccination remains a critical tool to help prevent further illness and death and to control the pandemic.

The target of starting vaccine rollout to health workers and those at-risk in all countries within the first 100 days of the year is still within reach. 35 million doses have been delivered to more than 78 countries but there is still a serious challenge on vaccine equity and availability. The race is on to get vaccines to those places and groups where they can have the greatest impact.

We're not in a race against each other, we're in a race against the virus and over the last year, the ACT Accelerator has been critical for ensuring that new vaccines, lifesaving oxygen, corticosteroids for severe disease and rapid tests are being shared more equitably.

During the week of April 1st, more than 25 leaders united behind the idea of a pandemic treaty, a generational commitment to keeping the world safe. There will always be new pathogens with pandemic potential. One key aspect of the treaty should be for a stronger health workforce. An effective health work force is a key element to pandemic proofing our health systems.

Health and care workers are at the forefront of the response to the COVID-19 pandemic and they play the critical role in protecting us all.

Far too many health and care workers have died in the pandemic, millions have been infected and the pandemic has taken a huge toll on their physical and mental health with devastating effects on their families and communities.

Anxiety, depression, insomnia, stress have all increased; exhaustion is commonplace and there have been cases of stigma and even abuse.

Thanks goes out to those working in health care during one of humanity's toughest periods.

As we work to end the pandemic and recover together, health and care workers must come first. We must ensure that they are trained, protected and supported to do their job safely and effectively.

In Manitoba significant progress has been made in the battle against COVID-19, as Manitoba has hit the milestone of 200 000 doses of vaccine administered. This is a team effort beginning with the public and extending to the dedicated people who are working at the various super vaccination sites, pop-up clinics and focused immunization teams.

There are currently five super sites operating in Winnipeg, Selkirk, Brandon, Morden and Thompson, with plans underway for more locations to open in the weeks ahead. Thousands of eligible and consenting residents of personal care homes have received both doses of vaccine.

As of April 3rd four vaccines have been authorized for use by Health Canada. Moderna, Pfizer and AstraZeneca/Covishield are currently being administered but the single-dose vaccine Janssen (Johnson & Johnson) is not yet available.

Vaccines are safe, effective and the best way for us to get back to the things we love. When it is your turn, consider making an appointment for the immunization. Individuals can sign up to be notified when it is their turn to be immunized and find more information on Manitoba's vaccine program at <https://protectmb.ca>.

Full public health orders and up-to-date information on COVID-19 in Manitoba can be found online at www.manitoba.ca/COVID19.

COVID-19: APRIL 1ST, 2021

CANADA: 987918 CONFIRMED CASES
23002 DEATHS

MANITOBA: 34174 CONFIRMED CASES
937 DEATHS

<https://www.covid-19canada.com>

News from Here, There and Anywhere



Hello everyone. This is Michelle Teichroeb writing this month. Teri usually dictates her column into a tape recorder for me to type out but she had trouble getting it to work this month. We will be looking at buying a new one so we can return to having a regular update from Teri each month.

Teri is doing well and, like most of you, looking forward to the day when there are no more public health restrictions. We hope that you are well and finding something interesting to fill your time. The weather is starting to change so there will be more opportunities to do things outside. Sunshine and fresh air are always good for the soul.

There still isn't much going on around Langruth in the way of community events. We hope that you have enjoyed the different articles and information that we have included in the Langruth Views in place of some of our regular columns and reports on community events. I guess changing things up a little isn't such a bad thing. Don't hesitate to contact Phyllis Thordarson, Teri Soos or myself if you have some news or something of general interest that can be included in the newspaper. There is also room for advertising. The current rates are listed on page eleven. We generally have the newspaper ready to print during the first week of each month.

This month the story of early Langruth as written by one of the town's founders G.W. Langdon continues with the establishment of the railway and selecting a name for the new townsite. Mr. Langdon's account of early Langruth is quite the treasure of how this community came into being.

Have a great month. Enjoy the sunshine. We will do our best to have Teri back for the May issue.

Take care,
Michelle Teichroeb

GLADSTONE MUSIC AND ARTS FESTIVAL

**2021 SPRING SESSION
CANCELLED**

DUE TO PUBLIC HEALTH RESTRICTIONS.



Sketch of Early Langruth

By G.W. Langdon

*Reprinted From: A Tribute to Soldiers and Pioneers of the
Langruth District, 1950*

Continued from March Issue....

The nearest settlers to the present Langruth at the time (early 1900s) were about two or three miles in each direction. To the East was Big Point hall, which was probably among the first community halls in the Province. To the North Thos. G. Moorhead and Robert Long had located a few years previously, the former having a little store with a Post Office in it named Hollywood after his former home town in Ireland. To the West were Arthur Wright and Robert Grey and to the South Henry Culley had recently taken up a Hudson's Bay section. Within these limits there was not a resident or clearing.

The partners had a special friend in Hon. Hugh Armstrong, the then Provincial Treasurer, and who accompanied the writer in waiting on the C.N.R. General Manager with the result that the station site was definitely established. And of course this meant a townsite. A half-interest in eighty acres adjacent was transferred to the Railway Company as was the custom with townsites, the Company agreeing to do the surveying into town lots. However, the first survey, made in 1908, followed a set plan for C.N.R. townsites regardless of existing physical features with the result that a re-survey was necessary in order that Main Street would conform as near as possible with the ridge road and also be widened. This meant considerable delay as later the straightening of a bend in this road at the Southern end of the townsite, the ridge having been followed for better crossing of the little creek known to old-timers as McKeever's Creek and no doubt so-called from having been at one time the favorite camping ground of a man named McKeever. This same McKeever (or McIvor) may have found this to be a good place for the trapping of beavers as the wings of a former beaver dam still exist and may have existed for very many years.

The Railway Company requested the writer to suggest a name for the new townsite and as there appeared to be no existing name for the district four different names were submitted. The first on the list was "Armstrong" and the last, a

Sketch of Early Langruth ... con't

combination of the partners' names, "Langruth". It seemed a rather unlikely name when the writer wrote it down but Langruth was selected as being presumably the only one on the list which would not be duplicated in Canadian Post Offices.

Meanwhile two and a half sections of the land to the East of the townsite had been disposed of to Haney brothers, James and Fred, of Strathroy, Ont., and who with James Graham of the same place, the purchaser of a section to the West of the townsite, removed to their lands in the spring of 1910. Malcolm McLarty, of Goderich, Ont., who purchased a half-section to the South removed with Mrs. McLarty to their land a little later the same spring. Haney Brothers brought with them a number of men to clear the land and construct buildings and also considerable equipment, and as by that time the steel had been laid to Langruth, they arrived on the first train carrying passengers and freight.

Previous to that the terminus of the Oakland Branch was for a time Delta and later Totogan, a little hamlet on the White Mud River, a few miles up from Cawdor, then known as The Landing or McArthur's Landing. A townsite had been surveyed at Totogan and a number of lots sold but all buildings of this erstwhile little town soon disappeared with the extension of the railway further North.

In April of the same year, 1910, the writer, who had in the meantime taken over his partner's real estate interests, brought with him from Ontario a practical builder to construct the first buildings of the townsite. He was Alfred T. Williams. Mr. Williams made the first clearings on the town site and constructed a temporary house for himself a little to the East of where Hannesons' store stands. Until then the only indications of a coming town were the survey lines marking the streets and lots. And so Mr. Williams was Langruth's first resident. That is, our first human resident. Indeed, Mr. Williams reported seeing a moose on the townsite shortly after his arrival and of course coyotes and jumpers were much more numerous than at present. Coyotes especially and often the nights were made hideous with their mournful howlings. Also an occasional bear prowled about.

.....To be Continued in May

Stress Diet for Good Hardy Laughs

During the last year we have heard a great deal about stress. One remedy for stress is a good laugh. Try the Stress Diet.

Stress Diet

Breakfast:

½ grapefruit
1 slice whole wheat toast
8 ounces skim milk

Lunch:

4 ounces broiled chicken breast
1 cup steamed zucchini
1 Oreo cookie
1 cup herbal tea

Mid afternoon snack:

Rest of the package of Oreo cookies
One quart Rocky Road ice cream
One jar hot fudge

Dinner:

2 loaves garlic bread
Large pepperoni and mushroom pizza
Three candy bars
Entire frozen cheesecake taken directly from the freezer.

Diet Tips:

- 1) If no one sees you eat it, it has no calories.
 - 2) If you drink a diet soda with a candy bar the calories cancel each other.
 - 3) Calories don't count if you eat with someone and you both eat the same amount.
 - 4) Foods taken for medicinal purposes don't count. This includes hot chocolate, brandy, toast and Sara Lee chocolate cake.
 - 5) If you fatten up everyone around you, you'll look thinner.
 - 6) Snacks consumed in a movie do not count as they are part of the entertainment. For example, Milk Duds, popcorn with butter, red licorice and M & M's.
 - 7) Pieces of cookies contain no calories, because in the process of breaking them the calories ooze out.
 - 8) Late night snacks have no calories. The refrigerator light is not strong enough for the calories to see their way into the calorie counter.
-

Obituary: Anna Olivine Arksey

Peacefully on February 6th, 2021 at the Minnedosa Health Centre, Anna Arksey, beloved mother of Ian, passed away at the age of 90 years. Anna was born in Langruth Manitoba, in 1930, to Robert and Isabella Gray (Wright) the second youngest of 14 siblings. She married Raymond Clifford Arksey and had two children, Donna Marie, and Ian Clifford. Anna was a hardworking farm wife. She loved her garden. She could bake like a dream and her angel food birthday cakes were always a hit.

She was gifted with natural music ability and could coax a tune out of most instruments. Time with her family was filled with music. She helped with the various family businesses until, due to health issues, she moved to Portage la Prairie to be near the Doctor. She battled and overcame cancer surgeries, and continued to fight on. Her saying was "There's nothing so bad that it couldn't be worse"! She wasn't very big, but she was determined.

She was the last survivor of that generation. They grew up working hard and taught us about resilience and sacrifice, how to laugh, and to value family. Anna was predeceased by her dear daughter Donna Marie, her Mother and Father and 13 brothers and sisters, Robert W, John, Andrew, Janet McKay, Marjorie Palmer, George, Norman, Lucy Isfeld, Isobel Thomson, Dorothy Thompson, Irene Oliver, Pearl McIntosh and Marie Magnusson.

Left to mourn are her son Ian Arksey, and numerous nieces and nephews,

The family would like to thank the Erickson Personal Care home and the Minnedosa Hospital, for the friendship and care that she received the last years. A special thank you to nieces Kathy Cleaver and Sharon Foster who were always there to help their Aunty Anna. During the COVID-19 lockdown Sharon visited her regularly and made sure that she had everything she needed.

A Celebration of Life for Anna will be held at a later date.

Messages of condolences can be made online at www.omegafuneralhome.com

SUBMISSION DEADLINE for LANGRUTH VIEWS May, 2021 Issue April 30th, 2021

Langruth Views Subscriptions

Canadian Subscriptions: \$18.00/year

US Subscriptions: \$35.00/year

**Please make cheques payable to
*Lakeview Initiatives CDC***

**Forward payment to:
Lakeview Initiatives CDC
Box 129, Langruth, MB
R0H 0N0**

**Subscribe for one year at a time as rates may
change.**

**Present subscribers; please check the
expiration date on your Langruth Views.
The Langruth Views is an initiative of the
LICDC.**

**Lakeview Initiatives CDC is a volunteer group
dedicated to the promotion of Langruth and
the surrounding area.**



*The efforts of dedicated community
volunteers make this publication possible.*

Advertising Rates:

Business card size: \$2.00

¼ page: \$5.00

½ page: \$10.00

Full page: \$20.00

**Similar rates for a thank-you, a birthday wish,
a birth announcement, in memoriam, or an
obituary.**

Only community announcements are FREE



Community Reporter:

Teri 431-894-0102

Editor and Subscriptions:

**Phyllis 445-2323 or 445-2236
thordarsonhealth@gmail.com**

Langruth Community Calendar April 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Waste Disposal Grounds & ECO Center Hours: Tuesday: 10:00 am - 12:00 noon 1:00 pm - 5:00 pm Thursday: 1:00 pm - 5:00 pm Saturday: 9:00 am - 12:00 noon		Post Office & Library Hours: Monday: 9:30 am - 5:00 pm Tuesday: 9:30 am - 5:00 pm Wednesday: 9:30 am - 5:00 pm Thursday: 9:30 am - 5:00 pm Friday: 9:30 am - 5:00 pm		1 SPRING BREAK	2 SPRING BREAK  GOOD FRIDAY	3
4 Lutheran: On-Line Service United: 11:30 am Catholic: 10:30 am Gospel: 10:30 am	5 Easter Monday	6 Garbage Pick-Up: 9:30 am	7	8	9	10
11 Lutheran: No Service United: 11:30 am Catholic: 10:30 am Gospel: 10:30 am	12	13 Garbage Pick-Up: 9:30 am	14 Financial Plan Public Hearing: 7:00 pm Gladstone	15	16	17
18 Lutheran: No Service United: 11:30 am Catholic: 10:30 am Gospel: 10:30 am	19	20 Garbage Pick-Up: 9:30 am	21 Council Meeting: 9:30 am	22 	23	24
25 Lutheran: 10:30 am United: 11:30 am Catholic: 10:30 am Gospel: 10:30 am	26	27 Garbage Pick-Up: 9:30 am	28	29 CFAN MEGA DRAW	30 Langruth Views Submission Deadline	