Langruth Views May 2023



Distributed by:

Lakeview Initiatives Community Development Corporation

Box 129 Langruth, MB R0H-0N0

Email: thordarsonhealth@gmail.com



SPRING PLANT SALE

BAKE SALE

Saturday, May 20th, 2023 2:00 pm - 3:00 pmLangruth United Church Lawn Area **Everyone Welcome!**

A Variety of Tomato Plants available.

Donations of bedding plants, perennials, house plants and baking gratefully accepted.

Donations can be dropped off at the Plant & Bake Sale or contact a church member.

Proceeds towards Langruth UCW.



Sunday, May 14th, 2023

The special bond between a mother and child remains unchanged by time or distance.

Author Unknown

KID'S SOCCER

Wednesdays

(Starting May 17th)

5:30 pm - 6:30 pm **Langruth Elementary School Playground**

Ages: Preschool - Grade 3

FREE



For more information contact Clorissa Egilson at 204-445-2211 (home) or 204-481-1088 (cell).



2023 Week of Awareness is May 7th - 13th

Let No One Be Alone week of awareness is about connecting with people, especially those that are alone. Loneliness and social isolation can have a significant impact on a person's physical, mental and social health. The medical system can only do so much to support and treat those that are suffering medical effects due to the lack of social participation. Community connections can play a huge part in the prevention of these associated illnesses and be integral in promoting healthy and fulfilling lives to all community members throughout their entire lifespan.

A simple act of kindness can brighten someone's day!

Manitoba Association of Senior Communities



Church News

Grace Lutheran Church

Supply Pastor Phyllis Thordarson 445-2323 Service at 10:30 AM on the 2nd and 4th Sundays unless otherwise stated.

May 14: TBA **May 28:** TBA

Langruth United Church

Service at 11:30 AM unless otherwise stated.

May 7: Service conducted by local laity.

May 14: Service conducted by local laity.

May 21: Service conducted by Dan Jardine.

May 28: Service conducted by local laity.

Catholic Church News

Amaranth Catholic Church

Sunday Mass at 10:00AM unless otherwise stated.

Sandy Bay Catholic Church

Contact Father Leo for weekly service times.

Alonsa Catholic Church

Contact Father Leo for weekly service times.

Amaranth Gospel Mission

Pastor: Jay Foster

Service at 10:30 AM unless otherwise stated.

Take a Chance

When we have the chance to bring family or friends together, may we take it.

When we have a chance to support and encourage others, may we do it.

When we see a chance to volunteer in our local community, may we be ready.

When we see the chance to give, or speak out for the oppressed of our world, may we seize it.

Take a chance.

The United Church of Canada

Mental Health Awareness Week

Leanne Fay, Healthy Living Facilitator, Southern Health

May 1st to 7th is Mental Health Awareness Week. There are many ways to describe mental health, such as mental wellbeing or holistic wellbeing depending on our culture and background. As defined by the Public Health Agency of Canada:

"Mental health is the state of your psychological and emotional well-being. It is a necessary resource for living a healthy life and a main factor in overall health. It does not mean the same thing as mental illness. However, poor mental health can lead to mental and physical illness."

https://www.canada.ca/en/public-health/services/about-mental-health.html

It is natural to feel "off balance" from time to time. For example, when we are feeling sad, worried, scared or frustrated, sometimes these feelings can become overwhelming and start to affect your ability to enjoy life.

We all need to think about ways to take care of our mental health. The best time to do this is before our feelings become overwhelming so that we have known strategies in our "mental health toolbox". Just like when we are experiencing a physical health problem such as a headache, we have tools to help us. Rest, hydration and a quiet space may be part of that "physical health toolbox".

During this week think about your "MENTAL HEALTH TOOLBOX". Everyone is unique and there are many tools you can use. Challenge yourself to try something new!

- Volunteer.
- Try a new exercise.
- Do something kind for someone.
- Turn off technology, 24 hours social media free.
- Go for a walk.
- Do something that makes you feel calm.
- Focus on one task at a time.
- Write a thank-you note.
- Practice good sleep habits.
- Exercise your brain with a puzzle or game.

More information about Mental Health Awareness Week can be found at https://www.mentalhealthweek.ca/

Muncipality of WestLake-Gladstone Councillor Representation

The area from Road 63W east to Lake Manitoba and from Road 86N to Road 102N including Langruth is represented by:

Richard Callander

204-872-2622 or 204-445-2396 rcallander@wcgwave.ca

WestLake-Gladstone Welcomes New Recreation Director

Reprinted From: https://www.westlake-gladstone.ca/

The Municipality would like to give a warm welcome to our new Recreation Director, Stephanie Campbell.

Beginning mid-May, Stephanie can be contacted by phone at 431-894-8501 or e-mailed at rec@westlake-gladstone.ca

We are looking forward to having Stephanie as part of the team.

Gladstone Swimming Pool Is Taking Registrations for Swimming Lessons

Reprinted From: https://www.westlake-gladstone.ca/

The Gladstone Swimming Pool Lesson Schedule is now available on the Municipal web page.



Registration opened on April 19th, 2023. Online registration is available at:

www.westlake-gladstone.ca/p/programs



Black Lidded Garbage Cart Pick-Up Wednesday, May 10th Wednesday, May 24th

Blue Lidded Recycling Cart Pick-Up Wednesday, May 3rd Wednesday, May 17th Wednesday, May 31st

Please have carts at the curb by 7:00 am on designated pick-up days.

Fifty and Beyond News

Reporter: Margaret Whiteley

The Langruth Seniors' April business meeting was postponed to April 19th due to one of those lovely snow storms. Harry called the meeting to order at 2:00 pm with 5 people attending.

The minutes from the last meeting (February) were read and adopted by Margaret Whitely, seconded by Lydia Johnson. There were no minutes from March due to an illness of the Secretary/Treasurer. The Cheer Report was given by Ann Craik with 4 Birthday cards and 1 Get Well card being sent out.

The Central Plains Seniors meeting was held in Portage on April 26th.

There will be a Bingo Fundraiser for Seniors in Plumas. The Garage Sale day in Plumas will be May 6^{th} .

The Partner Cribbage Tournament held on April 12th was a great success and the lunch was enjoyed by all. 20 people (5 tables) registered. A very exciting time was had by everyone.

The Senior's Provincial Games will be in Portage on June 20th, 21st and 22nd, 2023. If you are interested in participating there are forms at the Langruth Post Office with lots of information.

April's Senior's Supper was delicious. 17 people attended. The Senior's Supper in May will be on May 31st. Come out for the fun and have a great meal.

The next meeting will be on May 3rd, 2023.

Margaret Whitely adjourned the meeting at 3:15 pm, seconded by Joey Johnson.

Senior's Supper



May 31st

Langruth Community Hall

LANGRUTH LIBRARY

PARKLAND REGIONAL LIBRARY



402 Main Street, Langruth Email: langlib@mymts.net Monday – Friday 9:30 am – 5:00 pm

Fire Departments Respond to Fires in the Lakeview Municipal Area

On May 1st, the Lakeview Fire Department worked most of the day to keep a large grass and marsh fire under control and protect residences in the Big Point area. At the same time the Amaranth/Alonsa Fire Department was keeping an eye on a fire at the north boundary of the municipality.

Smoke was seen early in the morning south of Hollywood Beach Road (Road 100) and also at the north boundary of the municipality. At that time the winds were light and the fires, although producing large plumbs of smoke, were moving slowly. The winds became stronger and the fire at Hollywood Beach Road spread south very quickly through the marsh to Road 95 threatening Big Point residents. The fire at the north boundary of the municipality traveled south along the shore of Lake Manitoba threatening the Thordarson farm.





Photos By: Michelle Teichroeb

On May 2nd a fire that started south of Langruth along the shore of Lake Manitoba made its way north to the Big Point area. By evening the fire had reached Road 94. The fire burned well into the night.

Thanks to the volunteers with Lakeview Fire Department and Amaranth/Alonsa Fire Department, the fires were controlled and residences and livestock in the area were fire guarded and protected. Thank-you to all the volunteers for their commitment to the local fire departments. There is a mutual aid agreement with neighboring fire departments and we thank the Amaranth/Alonsa fire department for coming to our aid. Fire protection is a year-round service that is vital in our community.

Please notify the Lakeview Fire Department if you are planning on burning by taking out a Burn Permit. Call 911 in the event of a fire emergency that requires the fire department. Be safe, for yourself and the community.

FOR FIRE EMERGENCIES CALL 911



911 OPERATORS WILL DISPATCH LAKEVIEW FIRE DEPARTMENT

FOR BURN PERMITS CONTACT:
GRAHAM TAPLEY, FIRE CHIEF: 204-903-7899

IT IS MANDATORY TO HAVE A FIRE PERMIT.

APPLICATIONS CAN BE FOUND ON THE

MUNICIPAL WEB SITE AND ARE FREE.



Manitoba Day is May 12th

Reprinted from:

https://www.museumsmanitoba.com/en/manitoba-day

The Manitoba Act, which created the Province of Manitoba, was given Royal Assent on May 12, 1870.



This paved the way for the proclamation on July 15, 1870. On May 12, 1966 Manitoba's official flag was dedicated and unfurled for the first time. In 1986, May 12 was designated as Manitoba Day in perpetuity, in recognition of the importance of this day in the history of the Province.



Thank-you to everyone that participated in the Online Ag Auction!

Proceeds of \$4450.00 will be put towards the operation and maintenance of the Langruth Community Hall and Skating Rink.

Thank-you to the following generous sponsors.

Nutrien Ag Solutions
Neepawa-Gladstone Co-op
Delmar Commodities
Syngenta
New Rosedale Feedmill
HK Lumber
Smile Pinoy Foods
7-L Livestock Equipment Ltd.
Shur-Gro Farm Services, Westbourne
Gladstone Veterinary Clinic
Ernie Wilson
Cargill, Plumas

Langruth Elementary Observes Earth Day with a Town-Wide Clean Up

On the afternoon of April 28th students and staff from Langruth Elementary School worked together to pick up litter around town and school playground. This annual Earth Day activity benefits both the students and the whole community. While instilling the importance of not littering in the students, it gives the community a fresh tidy look after a long winter.

Armed with gloves and garbage bags, the Kindergarten/Grade 1 class cleaned the school playground while the other 3 classrooms focused on certain areas of town. Each classroom returned with multiple bags of garbage!

Thank-you to the students and staff for providing this service to the community.





APRIL DRAW WINNERS!

1st Place (\$1200): Kris Egilson (Langruth) 2nd Place (\$500): John & Therese Tucker (Ste. Rose)

3rd Place (\$250): Erin Gushulak (McCreary)

4th Place (\$200): Cheryl Kalinin (Lorette)

5th Place (\$150): Mark Sollner (Plumas)

Next Draw will be on May 25, 2023

Langruth Post Office



402 Main Street, Langruth 204-445-2295 Monday – Friday 9:30 am – 5:00 pm

PARKLAND REGIONAL LIBRARY Adult Non-Fiction Books

Call No.	Title	Author	
001.944 ZAD	In the valleys of the noble beyond : in search of the Sasquatch	Zada, John	
031.02 GUI	Guinness world records 2020		
133.109 KOM	Haunted Manitoba: ghost stories from the Prairies	Komus, Matthew	
158.1 FOR	Everything is figureoutable	Forleo, Marie	
302 GLA	Talking to strangers: what we should know about people we don't know	Gladwell, Malcolm	
305.42 ARM	Power shift: the longest revolution	Armstrong, Sally	
305.42 ELT	The seven necessary sins for women and girls	Eltahawy, Mona	
306.7 TAD	Three women	Taddeo, Lisa	
306.768 JET	Love lives here: a story of thriving in a transgender family	Jette Knox, Amanda	
306.874 FRA	PARENTING OUR PARENTS: TRANSFORMING THE CHALLENGE INTO A JOURNEY OF LOVE	Frances, Jane Wolf	
306.874 PAY	Being at your best when your kids are at their worst: practical compassion in parenting	Payne, Kim John	
323.049 JON	Let the people speak: oppression in a time of reconciliation	Jones, Sheilla	
323.119 WIL	From where I stand: rebuilding Indigenous nations for a stronger Canada	Wilson-Raybould, Jody	
327.127 SNO	Permanent record	Snowden, Edward	
331.4 KAN	She said: breaking the sexual harassment story that helped ignite a movement	Kantor/Twohey	
338.47 THO	Fashionopolis: the price of fast fashion and the future of clothes	Thomas, Dana	
342.710 JOH	Peace and good order: the case for Indigenous justice in Canada	Johnson, Harold R.	
362.29 BEC	A house on stilts: mothering in the age of opioid addiction	Becker, Paula	
362.88 FAR	Catch and kill: lies, spies, and a conspiracy to protect predators	Farrow, Ronan	
364.152 JOL	Red River girl: the life and death of Tina Fontaine	Jolly, Joanna	
364.18 CHR	Before and after: the incredible real-life stories of orphans who survived the Tennessee Children's Home Society	Christie, Judy & Wingate, Lisa	
595.799 STR	Dancing with the bees: a journey back to nature	Strawbridge Howard, Brigit	
616.904 STR	The perfect predator : a scientist's race to save her husband from a deadly superbug	Strathdee/Patterson	
641.5 POR	Antoni in the kitchen	Porowski, Antoni	
636.088 GAR	The good living guide to keeping sheep and other fiber animals : housing, feeding, shearing, spinning, dyeing, and more	Garman, Janet	
641.592 CHA	Tawâw: progressive Indigenous cuisine	Chartrand, Shane M.	
641.592 KRI	Indian-ish: recipes and antics from a modern American family	Krishna, Priya & Ritu	
641.815 STA	Bigger bolder baking: a fearless approach to baking anytime, anywhere	Stafford, Gemma	
641.9 GRO	How to build your baby's brain	Gross, Gail	
649.58 PAU	How to raise a reader	Paul/Russo	
650.1 JAR	Creative calling	Jarvis, Chase	
746.432 VOG	Vogue knitting: the ultimate knitting book (completely revised and updated)	Vogue editors	
791.457 SET	Ladies who punch: the explosive inside story of The View	Setoodeh, Ramin	

Langruth Views, May, 2023

Stock Dog Trials Held at Lakeland

A stock dog trial is a competitive dog sport in which herding dogs move livestock around a field, fences, gates or enclosures as directed by their handlers. The goal is to promote stress free handling of livestock with the use of stock dogs.

Stock dog trials were held at Dana Gardiner and Curtis Knox's arena at Lakeland on January 4th, February 4th and March 4th this winter. Competitors from all over Manitoba and some from Saskatchewan and Alberta attended. There were between 72 and 78 runs per day.

In these competitions the handler and dog worked together to navigate 3 head of heifers through various obstacles. The handler and dog receive points throughout the timed run.

There are various classes including Open, Intermediate, Novice, Nursery and Junior to accommodate all levels of handlers and dogs.

Points accumulated at Dana and Curtis's dog trials counted towards both the National Cattledog Association (NCA) and the Canadian Cattle Dog Association (CCDA). Finals were held in Decatur, Texas from March 28th to April 2nd. Based on points accumulated throughout the year across North America, the top 55 dogs competed in the open class and the top 30 dogs competed in the other classes at finals. 9 Canadians attended, including Dana and Curtis. Dana ran her dog Ice in the Intermediate Class and Curtis ran his dogs Brin and Grace in the Open Class.

The Canadian Cattle Dog Association Finals will be held from June 30th to July 2nd in Dauphin and is shaping up to be a great competition. Good luck to Dana and Curtis at this event.



Photo By: Dana Gardiner

Nature Notes

From the Archive of Raymond O'Connor

Eastern Screech-Owl

Perhaps the best-known owl in eastern North America, the Eastern Screech-Owl is a small tufted bird found in a great variety of habitats, from wooded lots to urban gardens. It is able to flatten its ear tufts, which gives the head a rounded appearance. There are two distinct colour phases, reddish brown and gray, plus there are brown intermediates. Its voice is not a screech but rather a mournful whinny familiar to many.

The Eastern Screech Owl is nocturnal; it becomes active at dusk. It feeds on a wide variety of small vertebrates and invertebrates, including insects, crayfish, mammals, amphibians, reptiles, birds and fish.

When this owl uses a cavity for a day roost, often it will sit in the entrance. When approached on its roost, it will flatten its body, erect its ear tufts, and close its eyes in an attempt to hide by blending into the background.

The nest is lined with feathers and debris from food and usually is 3-9 meters above ground in a tree. The Eastern Screech Owl will also roost and nest in nesting boxes sized for wood ducks or flickers.

The incubation is about 26 days by mostly the female. The young stay in the nest about 28 days and are fed by both sexes. They have 1 brood per year.

The Eastern Screech Owl is most common in Eastern Manitoba.



Langruth Views, May, 2023 Page 7

News from Here, There and Anywhere

Reporters: Michelle Teichroeb and Teri Soos



Hello Everyone! Slowly the weather seems to be changing to spring like temperatures. Teri Soos and I visited on the phone and we both agreed that the grass was slow to start growing. Neither of us could see any growth on the first of May! The temperatures stayed unusually cool through April.

The farmers are certain to be anxious to start seeding. Most years seeding is started well before the end of April. The weather has been pretty good for those that have started calving. Knock on wood, there has been only one Colorado Low snow storm this spring. Last year's spring was difficult with three Colorado Lows in three weeks. Hopefully in the next week fields will be dry enough to start seeding.

Teri mentioned that her neighbors went out to Arden Ridge to look for crocuses. There were none to be found as of yet. We hope that they haven't died off and will still make an appearance. The Prairie Crocus is Manitoba's provincial flower after all.

May 12th is Manitoba Day. Celebrate all things Manitoba! Maybe you will find something new to explore in our province. We hope that you have a great summer. What is your favorite Manitoba summer destination?

Happy Mother's Day on May 14th. We hope that you can celebrate this special day together as a family.

On May 20th the Langruth UCW will host the Annual Plant Sale fundraiser at the United Church. This year a bake table will be included along with the plants. There will be a variety of perennials and other plants available. Are you in need of some tomato plants? Come by and check out the varieties.

I usually try to have my garden planted before the end of May but last year it was so wet it certainly didn't happen by then. This year I am wondering when it will be warm enough to plant and if I will get anything in before the end of May.

Teri told me that she had a nice visit with Harold Jackson back in March. Harold's parents were Cecil and Pearl Jackson. Harold had come to Centennial Apartments to visit with Barbara Jackson, who now resides there. Harold is still living in Portage. Teri enjoyed their short visit and was happy that he had time to say hello. Next time she hopes they can visit longer.

We recently heard of the passing of Cheryl Waldner from Gladstone. Cheryl was Sheila Olson's sister. They both grew up in Gladstone. We send deepest sympathies to Sheila's family at this time. Deepest sympathy to anyone else that may have lost friends or family members recently as well. We hope that your happy memories help you through the coming days.

The Langruth Seniors Club was very happy with the turnout at the Partner Cribbage Tournament on April 12th. We hope that some of the competitors will consider playing in the 55+ Games in Portage La Prairie in June.

The children are starting some of the outdoor spring sports. Langruth Elementary will be hosting the divisional soccer tournament at the end of May. The school soccer fields will be busy with all schools in the division competing. A Soccer Night for younger children is also being planned to start in May. Watch for more information. Maybe we will also see some baseball at the school playground.

Unfortunately there have been some fires in the area recently. At this time of year a fire can be quite dangerous as it can travel quickly through the dead matter in the marshes. Combine that with a windy day and the fire is doubly dangerous. Volunteers with Lakeview Fire Department and Amaranth/Alonsa Fire Department were dispatched to tend to the fires. Fortunately no infrastructure or livestock was lost in the blazes. Thank-you to all the volunteer fire fighters for taking time out of their day(s) to serve the community.

The next issue of the Langruth Views will be printed at the beginning of June. Please let us know if there is anything that you would like to include. We are always watching for things going on in the community and local area.

Have a great month of May. Take care, Michelle Teichroeb

Einarson Park Campground

Einarson Park Campground is situated within the Town of Langruth. Accommodates both RVs and tents. A number of sites have electrical hook ups.



No reservations required. Available on a first come, first served basis.

Rates:

- \$25.00/night with electrical hook up for RVs.
- \$7.50/night without an electrical hookup for a tent in a designated area.
- \$20.00/night with electrical hook up for RVs staying more than 15 days.

Payment can be made at the Municipal Office in Gladstone or a drop box is available at the park.

Hollywood Beach Campground

Hollywood Beach Campground is located northeast of Langruth on Road 100N at Lake Manitoba. No services are available.



No reservations required. Accommodates both RVs and tents. Available on a first come, first served basis. Free.

Please contact the Municipality of WestLake-Gladstone for more information on camping at these two local campgrounds.







Text or Call: 204-871-3976
Facebook: Armstrong's Seasonal Camping - Langruth

Langruth Community Hall

Host your upcoming function in Langruth



The Langruth Community Hall is available for rent at very affordable rates for all types of occasions.

The hall can accommodate 192 people.

Social, Wedding, Banquet or Dance with Liquor \$300/day plus \$500 damage deposit

Banquet

\$175/day

Meeting, Tea or Shower \$125/day

For more information or to reserve a date contact:

Sheila Olson

Phone: 204-445-2228

Gladstone Music & Arts Festival News

After 3 years of cancellations, the 2023 Gladstone Music & Arts Festival once again provided students with an educational experience to enrich their skills and further develop



an appreciation of the arts. Held through April, the festival included Band/Strings, Speech Arts, Choral, Vocal Solos and Piano. A number of students from the Langruth area participated. Congratulations to the performers on their successful performances.

Students in Kindergarten to Grade 5 performed in the Classroom Speech Choir classes. Mrs. Kunzelman's K/1 class performed The Sneeze by Sheree Fitch. Ms. Linski's Grade 2/3 class performed The Crocodile's Tooth Ache by Shel Silversteen and Mrs. Battad's Grade 4/5 class performed Welcome Rain by Rita Glen. Rylee Kennedy and Jonathan Heubert also participated in a Solo Spoken Poetry class. Regan Teichroeb performed a vocal solo and shared a prepared speech. Adjudicator Alyssa Hildebrand gave positive and constructive feedback on all the performances.

Grade 6 students performed with the Beginner Band, Grade 7 & 8 students performed with the Junior Band and Grade 9 to 12 students performed with the WMCI high school band. Adjudicator Melissa Ballard worked with each band after their performances.

Madeline (Maddy) Hildebrand was the adjudicator for the piano sessions. Maddy provided helpful suggestions to all the performers including local student, Regan Teichroeb.

The Annual Highlights concert was held on April 30th at the Gladstone United Church. It was a great celebration of a variety of performances during the festival.

Thank-you to everyone who helped plan the festival and/or volunteered at the festival. It is the dedication of community volunteers which ensures the festival runs smoothly.



Langruth Views Advertising & Subscription Rates

The Langruth Views has a circulation of about 175 printed copies in the communities of Langruth and Lakeland free of charge and surrounding communities by paid subscription. The Langruth Views is also posted on the Community Facebook page and Municipal Web Site

Advertising space is available. The rates are on Page 11. To submit Advertising, a Community Announcement, Thank you, Birthday Wish, Memoriam or Obituary please contact Phyllis Thordarson at 204-445-2323 or forward your advertising or submissions to the Langruth Views mailing address or e-mail address.

Payment for your advertising and other submissions can be mailed to the Langruth Views mailing address, left at the Langruth Post Office or given to newspaper volunteers. Invoices for advertising and submissions are not sent out. Please submit payment for your advertising and submissions during the month it is printed.



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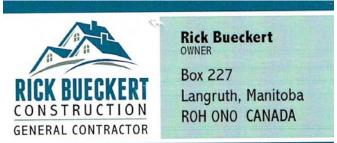
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Langruth Views, May, 2023







The Gladstone United Church Food Cupboard

An emergency food resource for the Municipality of West-Lake Gladstone.

To access the Food Cupboard leave a message at the Gladstone United Church at 204-385-2719.

Nonperishable food donations can be left at the Langruth Post Office or contact the church to arrange for drop off.

Monetary donations can be mailed to Gladstone United Church Box 82 Gladstone, MB ROJ 0T0.

Indicate "Food Cupboard" on the memo line.



SUBMISSION DEADLINE

for LANGRUTH VIEWS June, 2023 Issue May 26th, 2023

Langruth Views Subscriptions

Canadian Subscriptions: \$18.00/year US Subscriptions: \$35.00/year

Please make cheques payable to Lakeview Initiatives CDC

Forward payment to: Lakeview Initiatives CDC Box 129, Langruth, MB R0H 0N0

Subscribe for one year at a time as rates may change.

Present subscribers; please check the expiration date on your Langruth Views. The Langruth Views is an initiative of the LICDC.

Lakeview Initiatives CDC is a volunteer group dedicated to the promotion of Langruth and the surrounding area.

The efforts of dedicated community volunteers make this publication possible.

Advertising Rates:

Business card size: \$2.00

1/4 page: \$5.00 1/2 page: \$10.00 Full page: \$20.00

Similar rates for a thank-you, a birthday wish, a birth announcement, in memoriam, or an

obituary.

Only community announcements are FREE

Community Reporter:

Teri 431-894-0102

Editor and Subscriptions: Phyllis 445-2323 or 445-2236

thordarsonhealth@gmail.com

Langruth Community Calendar May 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Fire Meeting	3 Recycling Pick-Up: 7:00 am Seniors Meeting 2pm	4	5	6
7 Lutheran: No Service United: 11:30 am Catholic: 10:00 am Gospel:10:30 am	8	9	10 Garbage Pick-Up: 7:00 am	11	Manitoba Day	13
14 Mother's Day Lutheran: TBA United: 11:30 am Catholic: 10:00 am Gospel:10:30 am	15	16	17 Recycling Pick-Up: 7:00 am Kid's Soccer: 5:30	18	19	20
21 Lutheran: No Service United: 11:30 am Catholic: 10:00 am Gospel:10:30 am	Victoria Day	23	24 Garbage Pick-Up: 7:00 am Kid's Soccer: 5:30	25 CFAN MEGA DRAW	26 Langruth Views Submission Deadline	27
28 Lutheran: TBA United: 11:30 am Catholic: 10:00 am Gospel:10:30 am	29	30	31 Recycling Pick-Up: 7:00 am Seniors Supper Kid's Soccer: 5:30	Waste Disposal Grounds & ECO Center Hours: Tuesday:10:00 am -12:00 noon 1:00 pm—5:00 pm (Winter Hours) 1:00 pm—6:00 pm (Summer Hours) Thursday: 1:00 pm—5:00 pm Saturday: 9:00 am—12:00 noon		